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# Swimming WORLD

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**COMPLETE  
AQUATICS  
COVERAGE  
AND SPECIAL  
PHOTO ISSUE**

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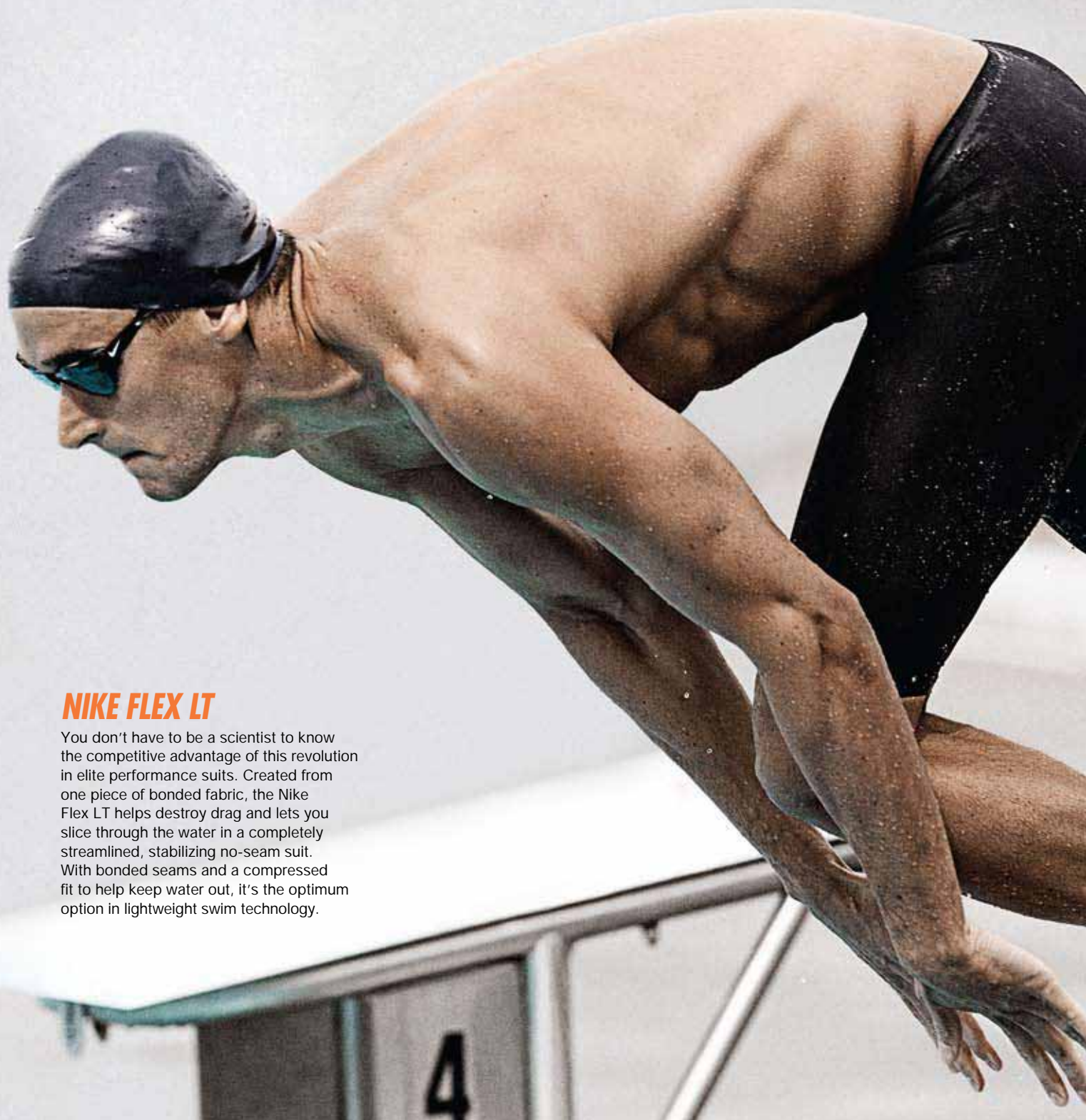
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**ON THE COVER:** From July 28 through Aug. 4, the best our sport has to offer supplied plenty of enticing storylines to a rabid fan base. (See stories—pages 8 and 30—and our Olympic photo album—pages 12 and 60). [COVER PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]

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magazine

PUBLISHING, CIRCULATION  
AND ACCOUNTING OFFICE

P.O. Box 20337, Sedona, AZ 86341  
Toll Free in USA & Canada: 800-511-3029  
Phone: 928-284-4005 • Fax: 928-284-2477  
www.SwimmingWorldMagazine.com

Chairman of the Board, President — *Richard Deal*  
e-mail: DickD@SwimmingWorldMagazine.com

Publisher, CEO — *Brent Rutemiller*  
e-mail: BrentR@SwimmingWorldMagazine.com

Circulation/Art Director — *Karen Deal*  
e-mail: KarenD@SwimmingWorldMagazine.com

Circulation Assistant — *Judy Jacob*  
e-mail: Subscriptions@SwimmingWorldMagazine.com

Advertising Production Coordinator — *Betsy Houlihan*  
e-mail: BetsyH@SwimmingWorldMagazine.com

EDITORIAL, PRODUCTION, MERCHANDISING,  
MARKETING AND ADVERTISING OFFICE

2744 East Glenrosa Avenue, Phoenix, AZ 85016

Toll Free: 800-352-7946

Phone: 602-522-0778 • Fax: 602-522-0744  
www.SwimmingWorldMagazine.com

EDITORIAL AND PRODUCTION

e-mail: Editorial@SwimmingWorldMagazine.com

Senior Editor — *Bob Ingram*  
e-mail: BobI@SwimmingWorldMagazine.com

Managing Editor — *Jason Marsteller*  
phone: 602-522-0778 • fax: 602-522-0744  
e-mail: JasonM@SwimmingWorldMagazine.com

Senior Writer — *John Lohn*  
e-mail: JohnL@SwimmingWorldMagazine.com

Photo Coordinator — *Kaitlin Kelly*  
e-mail: KaitlinK@SwimmingWorld.com

Graphic Arts Designer — *Cassandra Crofoot*  
e-mail: CasaundraC@swimmingworldmagazine.com

Fitness Trainer — *J.R. Rosania*

Chief Photographer — *Peter H. Bick*

Masters Editor — *Emily Samp*

SwimmingWorldMagazine.com WebMaster  
e-mail: WebMaster@SwimmingWorldMagazine.com

MARKETING AND ADVERTISING

Advertising@SwimmingWorldMagazine.com

Marketing Coordinator — *Tiffany Elias*  
e-mail: tiffanye@swimmingworld.com

MULTI-MEDIA/PRODUCT DISTRIBUTION

Assistant Producer/Product Manager — *Jeff Cummings*

Printer — *Schumann Printers, Inc.*

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USA CONTRIBUTORS

Dana Abbott (NISCA), G. John Mullen, Karlyn Pipes-Neilsen,  
J.R. Rosania, Michael J. Stott

INTERNATIONAL CORRESPONDENTS

**Africa:** Chaker Belhadj (TUN), Glen Byrom (ZIM);  
**Australia:** Wayne Goldsmith, Ian Hanson, Graham Senders;  
**Europe:** Norbert Agh (HUN), Camilo Cametti (ITA),  
Federico Ferraro (ITA), Oene Rusticus (NED),  
Steven Selthoffer (GER), Andy Wilson (GBR);  
**Japan:** Hideki Mochizuki; **Middle East:** Baruch "Buky" Chass, Ph.D. (ISR);  
**South Africa:** Neville Smith (RSA);  
**South America:** Jorge Aguado (ARG), Alex Pussieldi (BRA)

PHOTOGRAPHERS/SWTY

Michael Aron, Peter Bick, Bill Collins, Tony Duffy, Tim Morse,  
Andrea Nigh, George Olsen, Reuters, Getty Images

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P.O. Box 20337  
Sedona, AZ 86341  
Phone: 928-284-4005  
Fax: 928-284-2477

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info@agonswim.com

www.agonswim.com

1.877.718.9403



**PICTURED >** With the swimming competition occupying the center circle of the 2012 London Olympics, no swimmer fared better than Michael Phelps, who announced his retirement, effective at the conclusion of his fourth Olympiad. He capped his competitive career with six Olympic medals—four gold and two silver—and raised his career Olympic medal count to 22, a record unlikely to be touched.



2012  
**LONDON**  
**OLYMPICS**

*Eight Days of Excellence*

BY JOHN LOHN

*From July 28 through Aug. 4, the best our sport has to offer supplied plenty of enticing storylines to a rabid fan base.*





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**L**ONDON—The wait is long, and sometimes grueling. Some individuals plunge into the golden pot at the end of their aquatic rainbow. Others realize quite the opposite, a painful sting of gloom and doom. The Olympic Games tend to be polarizing, with not much of a middle ground when it comes to satisfaction. It's the harsh reality of an event that is a quadrennial focal point.

The 30th edition of the Olympics did not disappoint when it came to London from late July through the middle of August. And not surprisingly, the swimming competition occupied the center circle of the greatest five-ring circus on Earth.

### THE PHELPS FAREWELL

We all knew it was coming: the end of an era. Long before the London Games, Michael Phelps announced his retirement, effective at the conclusion of his fourth Olympiad. Truthfully, the North Baltimore Aquatic Club standout had no incentive to return, his masterpiece of eight gold medals at the Beijing Games in 2008 an impossible feat to match.

Yet, Phelps opted for one more Olympic outing, a seven-event slate being his way of saying goodbye. While it didn't start well, thanks to a fourth-place finish in the 400 meter individual medley—possibly suggesting a disastrous conclusion to a splendid career—Phelps ultimately came through in fine form. Should we have expected anything else? After all, this is a guy who has wowed time and again.

Rebounding from his slow start, Phelps capped his competitive career with six Olympic medals—four gold and two silver—and raised his career Olympic medal count to 22, a record unlikely to be touched. With medal No. 19, Phelps passed Soviet gymnast Larisa Latynina as the most accomplished Olympian in history. More, his 18 career gold medals are double his closest rivals, including two of the most distinguished names in sporting history: Mark Spitz

and Carl Lewis.

Phelps didn't go without his struggles. In addition to his medal-free showing in the 400 IM, he was upended by South African Chad Le Clos in his signature event, the 200 butterfly. Taking a page from the master's playbook, Le Clos, a rising multi-event star, chased down his idol over the final lap.

Phelps, however, bounced back, prevailing in his final three events, including three-peats in the 200 IM and 100 fly. By capturing three consecutive Olympic crowns in those events, Phelps became the first man to achieve the feat, and the first individual of either gender to pull off a trifecta in two different events.

His final bow came in the 400 medley relay, where he joined Matt Grevers, Brendan Hansen and Nathan Adrian for one more gold medal. It was the proper ending for what has been a fairytale career, a symphony orchestrated by longtime coach Bob Bowman that started with a 15-year-old qualifying for the 2000 Olympics in Sydney. As the 2016 Olympics in Rio de Janeiro near, some fans hope—and some are convinced—Phelps will make a return to the sport he has dominated for more than a decade.

But the greatest Olympian in history says he's done, and there is no reason to doubt him.

"I've been able to do all I wanted," Phelps said. "I put my mind to different goals and was able to achieve them. Together, (Bowman) and I managed everything. If you can say that, there's no need to keep going."

### FINGER-POINTING

Mouths went agape.

## OLYMPIC SWIMMING

Country	Gold	Silver	Bronze	Total
United States	16	8	6	30
Japan	0	3	8	11
China	5	2	3	10
Australia	1	6	3	10
France	4	2	1	7
Netherlands	2	1	1	4
Russia	0	2	2	4
South Africa	2	1	0	3
Great Britain	0	1	2	3



Jaws bounced off the tables in media row. Did that just happen? Yes, it did. With a closing leg the likes of which has never been seen before in the 400 IM, China's Ye Shiwen dazzled on the opening night of competition. Overhauling American Elizabeth Beisel on the freestyle leg, the 16-year-old powered to the gold medal in a world record 4:28.43. It was a sterling performance capped by a freestyle split of 58.68.

Ye, though, didn't get the chance to celebrate her victory. Rather, she faced a rash of doping accusations. In part, the allegations were linked to the fact that she was just off the freestyle split delivered by American Ryan Lochte in his triumph in the male version of the 400 IM. In part, the finger-pointing was tied to China's history of performance-enhancing drug use, most notably the systematic doping of the 1990s.

"I think it's unfair," Ye said of the accusations. "My achievements are from diligence and hard work. I will never use drugs."

Despite passing her doping tests in London, Ye—who also won the 200 IM—raised eyebrows among fellow athletes, coaches and media. It was a development that tarnished an exceptional effort and took the focus from the pool to the laboratory. Still, it wasn't a shocking development, considering her country's doping history. While teenage stars from other nations were not targeted for drug use, Ye was forced to battle the issue and the past.

This much is certain: the accusations are not going to fade away soon.

#### AMERICAN ARSENAL

There wasn't any doubt heading to the Games about the United States' continued standing as the globe's aquatic superpower. Still, the Stars and Stripes

went out and reaffirmed that status in a big way. En route to 30 medals—pool swimming only (not open water)—Team USA mined 16 of the gold variety and finished with 19 more medals than Japan, its closest pursuer.

For the men, there was the expected excellence of Michael Phelps and Ryan Lochte, along with the surprise triumphs of Tyler Clary (200 backstroke) and Nathan Adrian (100 freestyle). Sprinkled in was a gold-medal outing by Matt Grevers in the 100 back and triumphs in two of three relays, among other impressive efforts.

As for the women, the team guided by Coach Teri McKeever might go down as the best in the history of American women's swimming. It accounted for eight gold medals, highlighted by world records from Dana Vollmer (100 fly), Missy Franklin (200 back) and Rebecca Soni (200 breaststroke). For good measure, 15-year-old Katie Ledecky rocketed to gold in the 800 free while Franklin and Allison Schmitt each walked away with five medals.

"This is one of the most unique teams I've been a part of," Soni said. "(McKeever) helped us become a team that relied and trusted each other. We talked with each other. We weren't talked at. It was a close group, and that made this a great experience."

#### AGE OF DIVERSITY

True, the United States put on a show in one of Europe's great cities. But there was also proof of continued growth for the sport. In all, 17 countries figured into the medal mix in the pool, with eight nations boasting at least one gold medal. More, championship finals witnessed the inclusion of athletes from countries such as Lithuania, Cuba, Israel, the Bahamas and Jamaica—not exactly places with deep swimming traditions.

To see impact athletes from atypical locales bodes well for the future of swimming. Without question, the sport is more competitive than it has ever been.

— Olympic photos continued on 12

## MEDAL STANDINGS

Country	Gold	Silver	Bronze	Total
Hungary	1	0	1	2
Belarus	0	2	0	2
South Korea	0	2	0	2
Spain	0	2	0	2
Brazil	0	1	1	2
Canada	0	1	1	2
Lithuania	1	0	0	1
Tunisia	0	0	1	1

\* = chart reflects medals won in pool swimming only (not open water)



For expanded day-by-day analysis, read our online version of the October *Swimming World* by going to <http://www.swimmingworldmagazine.com/SWOctober2012/>



[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]

(Above) Although the Netherlands has won the women's 4 x 100 freestyle relay at every major international competition since the 2008 Olympics, Australia's **Alicia Coutts**, **Cate Campbell**, **Brittany Elmslie** and **Melanie Schlanger** prevailed in London in 3:33.15, an Olympic record. It proved to be the only gold medal for Australia in what was a disappointing showing.

(Right) China's **Ye Shiwen** (center) and the United States' **Elizabeth Beisel** (right) were locked in a duel through the first three legs of the 400 IM. But Ye threw in a freestyle split of 58.68—nearly matching what Ryan Lochte produced in the men's event—to set a world record of 4:28.43. Countrywoman **Li Xuanxu** (left) joined Ye on the podium by finishing third.

(Next page) Seeking his third consecutive Olympic title in the event, **Michael Phelps** surprisingly missed the podium. After narrowly qualifying for the championship final by grabbing the eighth and final position, Phelps lacked his customary pop. Instead, the Olympic legend settled for a fourth-place finish in 4:09.28.



[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]





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(The 400 IM) was just a crappy race. They just swam a better race than me, a smarter race. They were better prepared than me. That's why they're on the medal stand.

- Michael Phelps

//

It's got  
to the  
sort of  
point

where if you're not  
doing it (taking  
illegal dolphin  
kicks), you're falling  
behind or you're  
giving yourself a  
disadvantage.

- Cameron van der  
Burgh







[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]



[PHOTO BY KYLE TERADA, USA TODAY SPORTS]



[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]

(Previous page) **Cameron van der Burgh** may have won the gold medal in the men's 100 breast (WR 58.46), but it was not without controversy. The South African champ later admitted to using several illegal dolphin kicks, which can be seen in video of the race. Van der Burgh's words could be the final straw when it comes to FINA instituting underwater video review.

(Above) The USA's **Dana Vollmer** obliterated the opposition in the women's 100 fly, becoming the first woman to break the 56-second barrier with a 55.98. After representing the United States at the 2004 Olympics in Athens, Vollmer missed out on a chance to race in Beijing. Her gold medal in London was the completion of a journey back to the sport's elite level.

(Left) Four years after suffering defeat to the United States in the men's 400 free relay at Beijing, France pulled off a come-from-behind triumph of their own, winning in 3:09.93 with a team of (from left) **Clement Lefert, Amaury Leveaux, Fabien Gilot** and **Yannick Agnel** (in pool).

(Far left) The knock on France's **Camille Muffat** the past few years has been her ability to perform at her best under pressure. That all changed when she won the women's 400 free in 4:01.45. "Being an Olympic champion was the most difficult dream to reach," she admitted. "I knew this year I was the best, but I didn't expect to win."



London 2012



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It feels incredible. This win is not just for me, but for the whole family. A U.S. one-two shows just how strong we are at the moment.

- Matt Grevers

[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]

(Top spread) When **Matt Grevers** (left) failed to qualify for the 2011 World Championships, his career hit a crossroads. Rather than letting his career go into a spiral, he answered with a vengeance, blowing away his rivals in the men's 100 back in 52.18. Teammate **Nick Thoman** (right) finished second (52.92), making the race for the Americans even sweeter.

(Right) One of the best parts of most Olympics is the emergence of an athlete from off the radar to gold-medal status. Filling that role in London was Lithuania's **Ruta Meilutyte**, 15, who registered a big upset in the women's 100 breast. She won the gold medal in 1:05.47, just ahead of the 1:05.55 of American Rebecca Soni, the favorite entering the Games.

(Bottom of next page) The most-hyped event on the male program, a discipline which was supposed to induce a down-to-the-wire finish, turned out to be a rout. Facing the likes of China's Sun Yang, Korea's Tae Hwan Park, American Ryan Lochte and Germany's Paul Biedermann, France's **Yannick Agnel** won the 200 free in 1:43.14, more than a second faster than his closest competitor.



[PHOTO BY RICHARD MACKSON, USA TODAY SPORTS]



[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]









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It's been a dream of mine ever since I was a little boy. I just wanted to race Phelps in the **final, and (now) I've** beaten him. I can't believe it.  
- Chad Le Clos





[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]



[PHOTO BY KIRBY LEE, USA TODAY SPORTS]

(Previous page) Michael Phelps has made a habit of running down the opposition in the final few strokes of a race. But in the men's 200 fly, South Africa's **Chad Le Clos** turned the tables, preventing Phelps from winning his third straight Olympic title in the event. As Phelps tightened, Le Clos clipped his idol at the wall, 1:52.96 to 1:53.01.

(Above) **Team USA** voiced its approval when **Allison Schmitt** (middle) clocked 1:53.61 in the women's 200 free—history's fastest textile time. Two days after squaring off with Frenchwoman Camille Muffat in the 400 free, where she came up just short of a gold medal, Schmitt overwhelmed her European foe in the shorter distance.



[PHOTO BY KIRBY LEE, USA TODAY SPORTS]

(Left) The United States won its third straight Olympic title in the men's 800 free relay, as (from left) **Michael Phelps, Conor Dwyer, Ryan Lochte** and **Ricky Berens** cruised to the gold medal in 6:59.70—more than three seconds ahead of runner-up France. The victory made Phelps the most-decorated Olympian in history with 19 career medals.





[PHOTO BY KIRBY LEE, USA TODAY SPORTS]

(Above) In what was viewed as one of the most wide-open events on the women's program, the 200 fly outcome turned on the final lap. Trailing Spain's Mireia Belmonte heading into the final 50 meters, China's **Jiao Liuyang** outsplitted the Spaniard by more than two seconds to take the gold medal in an Olympic record of 2:04.06.

(Right) Even before his teenage years, Hungarian **Daniel Gyurta** was tabbed as a future star in breaststroke. Through the years, he delivered on his promise, most notably through a pair of world championships. Now 23, he finally added an Olympic gold medal, as he won the men's 200 breast in a world record time of 2:07.28.

(Next page) After popping history's fastest time in textile last March in the men's 100 free, James Magnussen was viewed as the overwhelming choice for an Olympic gold medal. But the United States' **Nathan Adrian** turned in the most dramatic triumph of the London Games when he edged the Australian by the smallest of margins, 47.52 to 47.53.



[PHOTO BY JOHN DAVID MERCER, USA TODAY SPORTS]



[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]





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I'm a  
guy that  
has a lot  
of speed.

I can go out fast and  
I die a little more  
than (Magnussen)  
does. It's a little  
nerve-racking the  
second 50. I just had  
to really focus on it  
and stay strong.

- Nathan Adrian



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**WOMEN'S 4X200M FREESTYLE**

**GOLD MEDAL**

**UNITED STATES 7:42.92 OR**

**FRANKLIN MISSY  
VOLLMER DANA  
UREELAND SHANNON  
SCHMITT ALLISON**





(From left) The U.S. team of *Missy Franklin*, *Dana Vollmer*, *Shannon Vreeland* and *Allison Schmitt* dominated the women's 800 free relay with an Olympic record of 7:42.92. Their time wasn't far off the world record of 7:42.08, set by China during the techsuit era, and the Americans avenged a loss to the Australians in 2008.









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That was the perfect race I swam tonight. It couldn't have gone any better. I cannot think of anything I could have done any better in the last couple of races.

- Tyler Clary



[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]



[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]



[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]

(Previous page) Often overshadowed by U.S. teammates Ryan Lochte and Michael Phelps, **Tyler Clary** finally broke free of his countrymen. Trailing Lochte in the men's 200 back with a lap remaining, Clary shifted into a higher gear and won in 1:53.41—marking the fifth consecutive time an American has won the gold medal in the event.

(Above) The women's 200 breast was all about the USA's **Rebecca Soni**, the reigning Olympic champion. After breaking the world record in the semifinals and just missing the first sub-2:20 performance in female history, she came back and achieved her goal in finals, with her winning time of 2:19.59 possibly the finest swim of the Games.

(Left) **Michael Phelps** earned a split of his head-to-head medley matchups with **Ryan Lochte** (next to Phelps) by winning the men's 200 IM, 1:54.27 to 1:54.90. It was his third straight 200 IM crown, allowing him to join Dawn Fraser (100 free) and Kristina Egerszegi (200 back) as the only swimmers to three-peat at the Olympics.



(Next page) **Missy Franklin** (left) hugs U.S. teammate **Elizabeth Beisel** after Franklin completed a sweep of the backstrokes by winning the women's 200 with a world record time of 2:04.06. Meanwhile, Beisel took the bronze medal in 2:06.55 to go along with her silver medal on the opening night of competition in the 400 IM.

(Right) The women's 800 free was supposed to be defending champion and world record holder Rebecca Adlington's chance to thrill the home crowd. Instead, American **Katie Ledecky**, 15, won in 8:14.63, taking down the oldest textile best on the books by beating the 8:16.22 that Janet Evans registered back in 1989—before Ledecky was even born.

(Below) Eight years earlier, his sister, **Laure Manaudou**, became an Olympic champion at Athens. In London, it was **Florent Manaudou's** turn to win gold, and he did so in stunning fashion. With all eyes on reigning champion Cesar Cielo of Brazil, France's Manaudou shocked the world by winning the men's 50 free in 21.34 out of lane 7.

[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]



[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]



I think it is awesome that so many swimmers have been able to break world records when a lot of people didn't think we'd be able to. It's not the suit that makes the swimmer. It's the swimmer that makes the suit. I have the time of my life out there.

- Missy Franklin



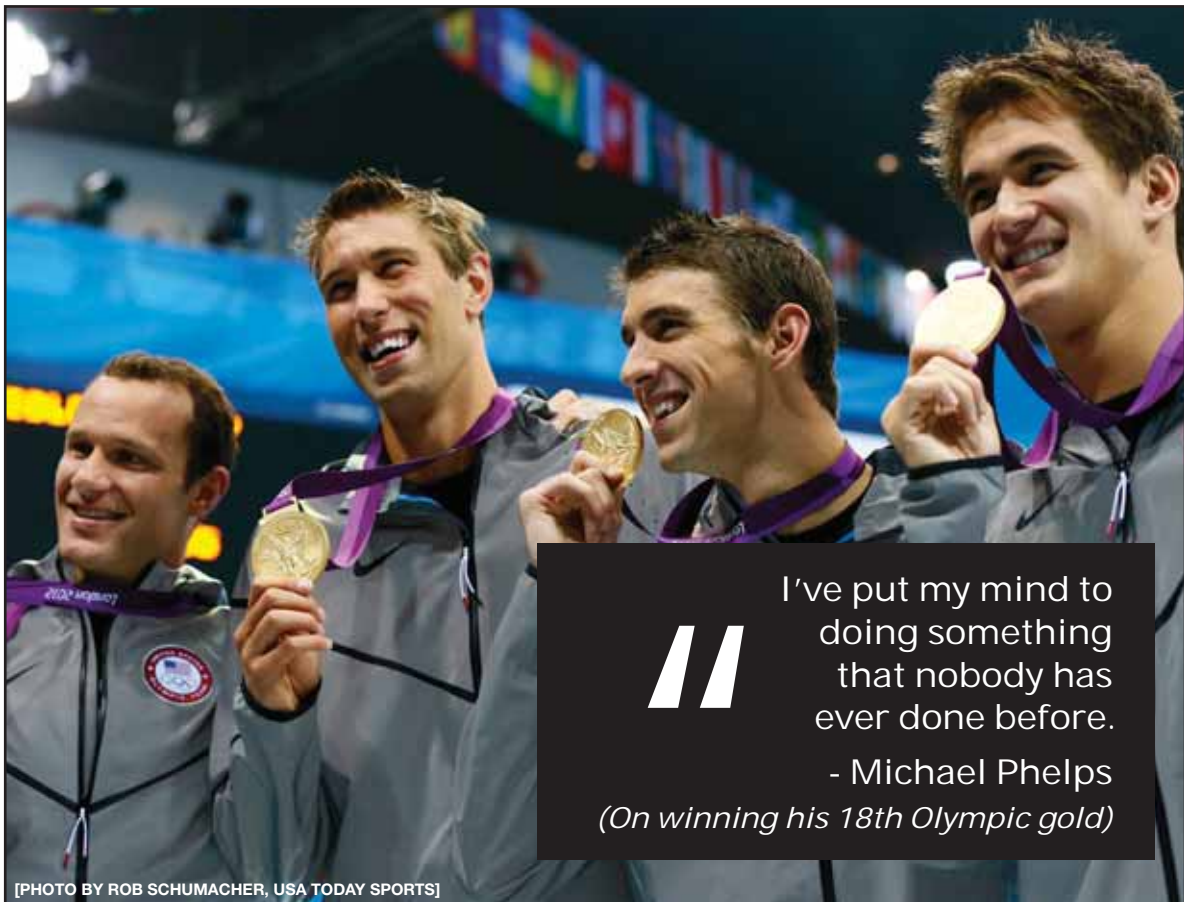
[PHOTO BY MICHAEL MADRID, USA TODAY SPORTS]



[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]







[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]

“ I’ve put my mind to doing something that nobody has ever done before. - Michael Phelps (On winning his 18th Olympic gold)



[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]



(Top of previous page) China’s **Sun Yang** broke from the blocks before the starting beep of the men’s 1500, leading to a possible DQ. But Sun, who had earlier won the 400 free (3:40.14), was given a reprieve when officials deemed excessive fan noise as the reason for his reaction. With his second chance, Sun lowered his WR by more than three seconds to 14:31.02.

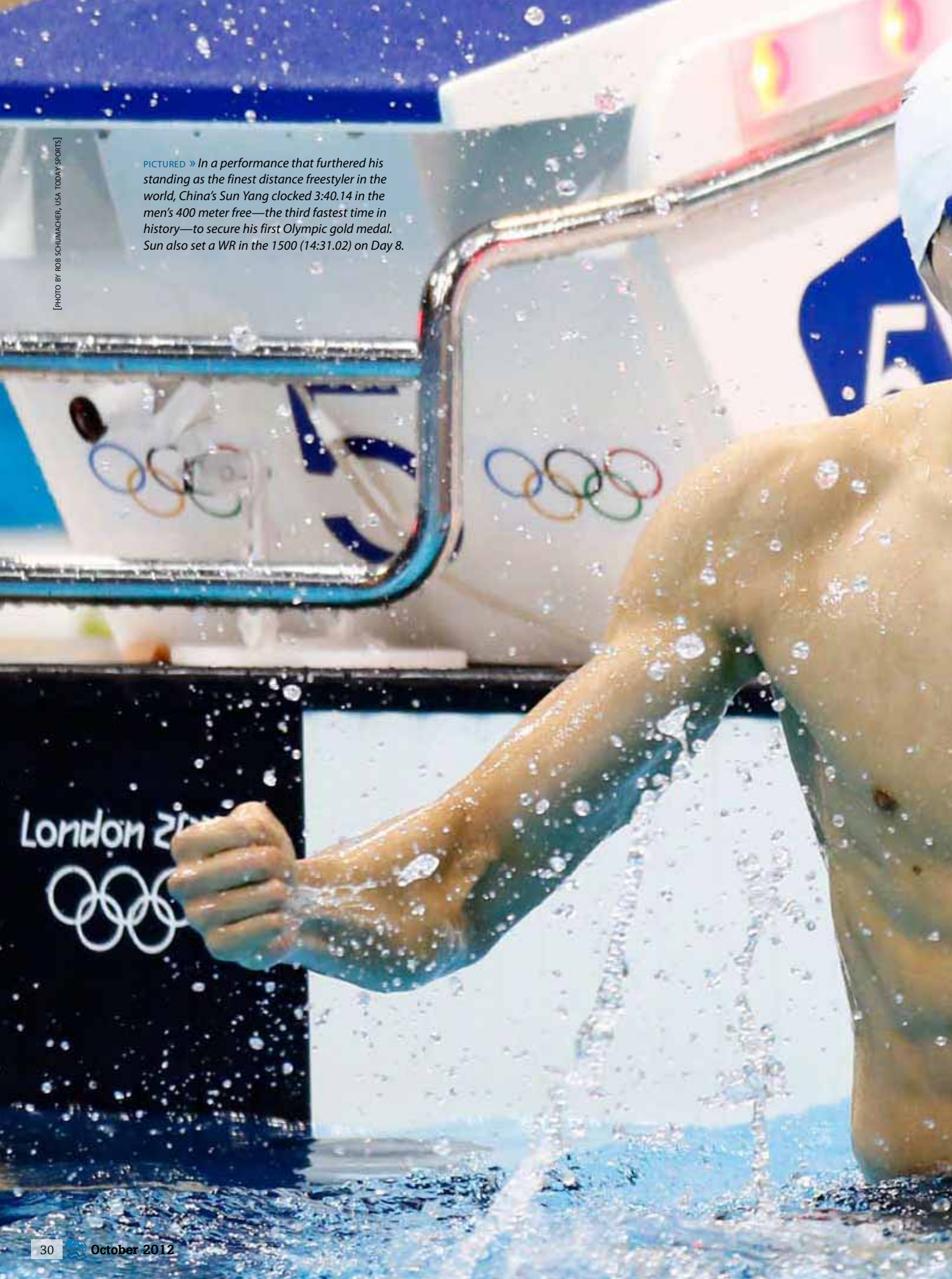
(Top right) The end of the **Michael Phelps** era ended with another Olympic gold medal, his 18th and 22nd medal overall. It came in the men’s 400 medley relay, an event in which the United States has never lost in Olympic competition. (From left) **Brendan Hansen, Matt Grevers, Phelps** and **Nathan Adrian** clocked 3:29.35—the fastest textile time ever.

(Above) Throwing together an all-star lineup of (from left) **Dana Vollmer, Rebecca Soni, Allison Schmitt** and **Missy Franklin** the United States rolled through the opposition in the women’s 400 medley relay, setting a world record of 3:52.05. Each member of the U.S. squad was an individual Olympic champion in at least one event.

(Left) The Netherlands is known for its sprinting prowess, and **Ranomi Kromowidjojo** (being hugged by teammate **Marleen Veldhuis**, who finished third in the 50) upheld the tradition by sweeping the women’s 50 and 100 freestyles (24.05, 53.00). She joins Inge de Bruijn (2000) as the second Dutch swimmer to win both races in the same Olympics.



PICTURED » In a performance that furthered his standing as the finest distance freestyler in the world, China's Sun Yang clocked 3:40.14 in the men's 400 meter free—the third fastest time in history—to secure his first Olympic gold medal. Sun also set a WR in the 1500 (14:31.02) on Day 8.







*Day-by-day Coverage*

BY JOHN LOHN



PICTURED » Snaring the bronze medal behind Australia and The Netherlands in the women's 400 free relay, the United States registered an American record of 3:34.24 with a team of (from left) Lia Neal, Allison Schmitt, Jessica Hardy and (next page) Missy Franklin.



*The United States dominated the swimming events, July 28-Aug. 4, at the XXXth Olympiad, winning 30 medals at the London Aquatic Centre—nearly three times more than runner-up Japan. When it came to gold medals, Team USA tallied 16, far ahead of runners-up China (5) and France (4). In the following pages, Swimming World takes a deeper look at what developed during eight days of excellence.*

## *Day 1 (July 28)*

### **MEN'S 400 INDIVIDUAL MEDLEY**

The men's 400 meter IM was supposed to set off ample fireworks—the perfect way to ignite the Olympic Games. It would be Ryan Lochte vs. Michael Phelps in an epic showdown.

Ultimately, Lochte upheld his end of the bargain, but it was Phelps who put the panic meter on high alert. Yes, the outcome was totally unexpected.

From the start, Lochte left little doubt concerning his coronation as champion of swimming's version of track and field's decathlon. He opened up a lead on the open-

ing butterfly leg and continually lengthened his advantage until he touched the wall in 4:05.18, the fastest time ever produced in a textile suit and good for a three-plus second triumph over Brazilian Thiago Pereira (4:08.86). The bronze medal went to Japan's Kosuke Hagino in an Asian record of 4:08.94.

Although Lochte later suggested he was shocked by the outcome, he was being more than humble. Simply put, this result was expected of a guy who used 2010 and 2011 to establish himself as the premier swimmer in the world. The opposition stood no chance.

Seeking his third consecutive Olympic title in the event, Phelps surprisingly missed the podium.





[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]

After narrowly qualifying for the championship final by barely grabbing the eighth and final position, Phelps lacked his customary pop. It was most noticeable coming off the final wall, when the Olympic legend couldn't locate his powerful underwater skills to overtake Pereira or Hagino for one of the minor medals. Instead, Phelps settled for a fourth-place finish in 4:09.28.

"It was just a crappy race," Phelps said. "I felt fine for the first 200 (meters), then I don't know. They just swam a better race than me, a smarter race. They were better prepared than me. That's why they're on the medal stand."

#### MEN'S 400 FREESTYLE

For months heading into the Olympic Games, considerable hoopla built over the anticipated duel between China's Sun Yang and Korea's Tae Hwan Park. First, it almost blew up due to a disqualification. Second, it didn't meet expectations because of the dominance exhibited by one of the men.

When the championship final

unfolded, there was no stroke-for-stroke showdown between the Asian rivals. In a performance that furthered his standing as the finest distance freestyler in the world, Sun clocked 3:40.14 to secure his first Olympic gold medal. The time was the third fastest in history, and just missed the world record of Paul Biedermann, who went 3:40.07 in 2009 at the height of the techsuit era.

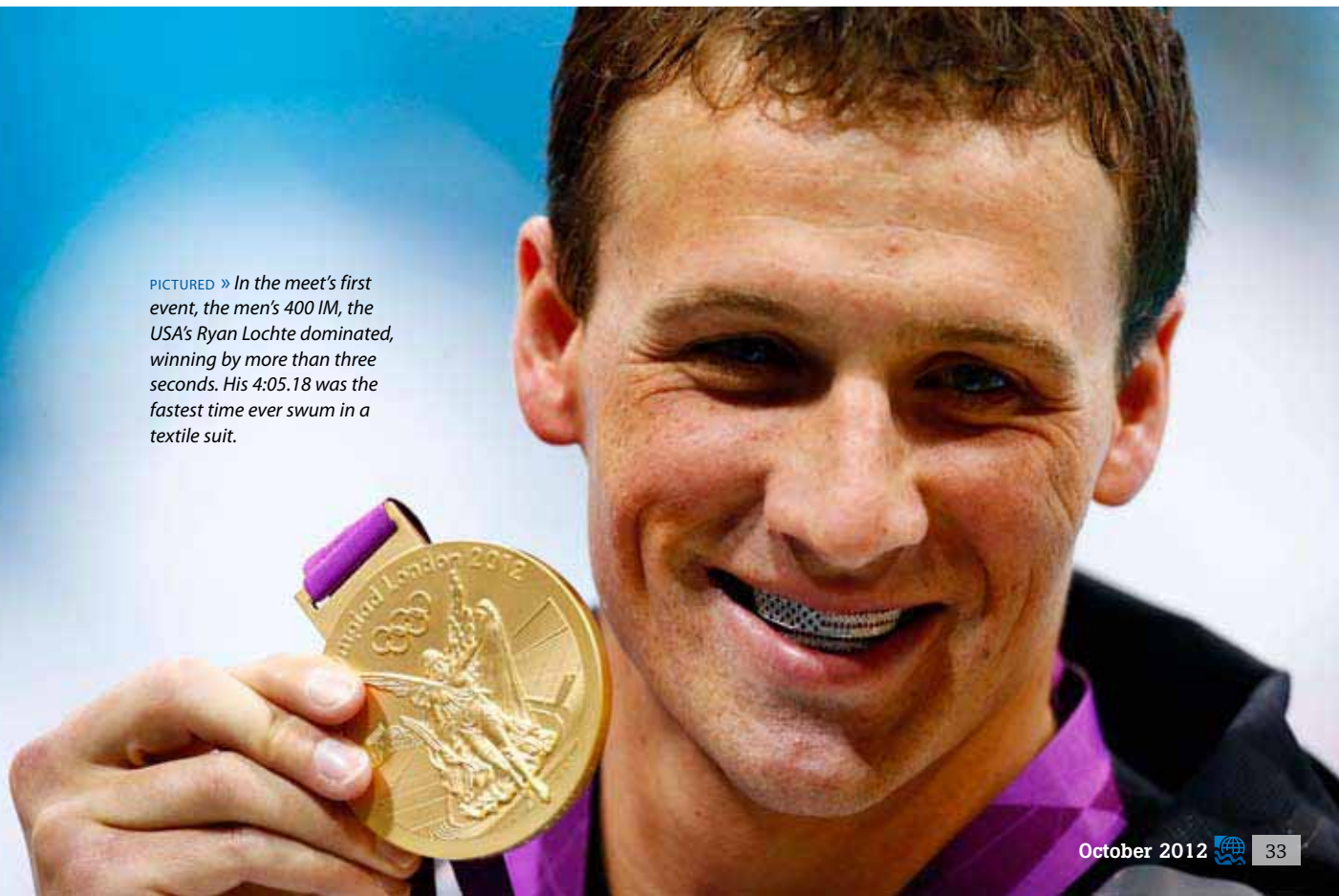
Sun's effort also handed him an easy decision over Park, the defending champion who grabbed the silver medal in 3:42.06. Trailing Park at the halfway point of the race, Sun started to make his move and gradually pulled away from the field, punctuating the triumph with a split of 53.50 for the final 100 meters. In comparison, Park covered his last two laps in 55.43.

Park needed intervention from FINA in order to contest the final. After being disqualified for a false start during the preliminaries, Park was given a reprieve and allowed to defend his crown when the FINA Jury of Appeals overturned the

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[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]

**PICTURED »** In the meet's first event, the men's 400 IM, the USA's Ryan Lochte dominated, winning by more than three seconds. His 4:05.18 was the fastest time ever swum in a textile suit.





**DAY-BY-DAY COVERAGE** — continued from 33

DQ. It was a decision that enabled Park to add to his Olympic-medal collection, and was widely viewed as the right call.

Picking up the bronze medal was American Peter Vanderkaay, who covered his eight laps in 3:44.69. While the event was viewed as a weak point for the United States following its Olympic Trials, Vanderkaay delivered a sterling performance amid the pressure. The bronze medal was the second of Vanderkaay's Olympic career, complementing the one he won in the 200 free at the 2008 Olympics in Beijing.

**WOMEN'S 400 INDIVIDUAL MEDLEY**

A storm brewed in this race,

but it was the aftermath of the race that was the most vicious. It wasn't shocking to see China's Ye Shiwen and the United States' Elizabeth Beisel locked in a duel through the first three legs. What was jaw-dropping was the way Ye closed the race, setting a world record of 4:28.43 on the strength of a 58.68 split for the freestyle leg.

Behind her finishing split—which essentially matched the 58.65 that Ryan Lochte produced at the end of his victory in the male version of the event—Ye easily dispatched Beisel, who touched the wall in 4:31.27. That ending, too, generated a number of doping accusations at Ye, a 16-year-old who won the world title in the 200 IM the previous summer. Whether



**PICTURED »** With a 58.68 freestyle split in the women's 400 IM that matched the 58.65 that Ryan Lochte produced at the end of his victory in the men's 400 IM, China's Ye Shiwen (center) easily beat American Elizabeth Beisel (left) and China's Li Xuanxu (right). Ye's 4:28.43 knocked a second off the previous world record.

it was media, coaches or athletes, questions arose as to how a teenage female could match the closing speed of one of the best male swimmers in the world.

Basically, Ye was caught up in the tarnished history of her country. Because China has a drug-linked past, including the use of a systematic doping program in the 1990s, Ye's performance was deemed too good to be true. The allegations took away from a sensational performance and cast a dark cloud on the opening night of Olympic action. For her part, Ye tried to maintain a calm demeanor.





**PICTURED »** Four years ago in Beijing, the United States beat France in the men's 400 free relay for Olympic gold, but had to settle for silver behind France in 2012 with a team of (from left) Nathan Adrian (previous page), Ryan Lochte, Cullen Jones and Michael Phelps.

"I didn't think about it too much," she said of knocking down the world record. "The moment I jump in the water, my mind goes blank. In the last 100, I thought I was behind, so I tried as hard as I could to catch up. Then I found out it was only me out front."

Ye had familiar company on the podium as her countrywoman, Li Xuanxu, took the bronze medal in 4:32.91, edging Hungary's Katinka Hosszu (4:33.49).

**WOMEN'S 400 FREESTYLE RELAY**

At every major international competitionsince the 2008 Olympics in Beijing, the Netherlands emerged

as the hammer in the sprint relay. That dominance came to an end in London, however, with Australia riding a balanced lineup to the gold medal. On the strength of the combination of Alicia Coutts, Cate Campbell, Brittany Elmslie and Melanie Schlanger, Australia prevailed with an Olympic record 3:33.15. It proved to be the only gold medal for Australia in what was a disappointing showing.

As the Aussie anchor, Schlanger was faced with the difficult challenge of fending off the Netherlands' Ranomi Kromowidjojo, who went on to complete a sprint double in the 50 and 100 freestyles.

While Kromowidjojo produced the fastest split in history with a 51.93, Schlanger came through for her teammates with an impressive split of 52.65.

"When I saw we were in the lead when I got in, I just put my head down," Schlanger said.

The problem for the Dutch, who won the world championship in 2009 and 2011, was the opening leg of Inge Dekker. After she led off with a last-place split, her team was forced into catch-up mode. Ultimately, chasing down the Aussies was too much for Marleen Veldhuis, Femke Heemskerk and

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**PICTURED »** South Africa's Cameron van der Burgh (center) smashed the world record in the men's 100 breast, easily ahead of Australian Christian Sprenger (right) and Brendan Hansen (left), who returned from a two-year retirement to compete in his third Olympiad.



#### DAY-BY-DAY COVERAGE — continued from 35

Kromowidjojo. The Netherlands picked up the silver medal in 3:33.79.

Snaring the bronze medal, the United States registered an American record of 3:34.24, easily outdistancing China, the fourth-place finisher in 3:36.75. The American lineup, as was the case with Australia, was a balanced unit, featuring Missy Franklin, Jessica Hardy, Lia Neal and Allison Schmitt. For Franklin and Schmitt, the relay marked only the start of splendid meets, with each woman collecting five medals. The rest of Franklin's haul was gold, while Schmitt added three gold medals and a silver medal.

## Day 2 (July 29)

### WOMEN'S 100 BUTTERFLY

One of the barriers that was deemed vulnerable heading into the Olympic Games was the 56-second mark in the 100 fly. It was widely believed it would go to either the United States' Dana Vollmer or Sweden's Sarah Sjöström. As it turned out, Vollmer was the one who turned the trick, while Sjöström was a surprising non-factor.

Often showing top-flight speed in the preliminaries and semifinals, Vollmer let it be known in those stages that she was not only the favorite for the gold medal, but was stalking a sub-56-second performance. She delivered on her potential in the championship final, obliterating the opposition in 55.98.

Vollmer handled that race differently than normal. Rather than lead the field at the midway point, she turned third. Easing off the pace

over the first lap turned out to be a wise move, as Vollmer had plenty of gas to surge to the finish, well ahead of China's Lu Ying (56.87) and Australia's Alicia Coutts (56.94).

Despite her world record, Vollmer knows she can be quicker. Still, she was more than satisfied. After representing the United States at the 2004 Olympics in Athens, Vollmer missed out on a chance to race in Beijing. Her gold medal in London was the completion of a journey back to the sport's elite level.

"I'm so excited and on top of the world right now," Vollmer said. "I've never had an individual world record and now a gold medal. Everything went as I could have wanted. I had a long finish, so I could still go faster."

Sjöström, the former world record holder, finished fourth—a scenario that has been all too familiar for the Swede. At the 2011 World Championships, she placed fourth in three events.

### MEN'S 100 BREASTSTROKE

So much for the storyline that headlined this event, that being the pursuit of Japan's Kosuke Kitajima to win three consecutive gold medals. The talk ended up being the overwhelming force that South African Cameron van der Burgh brought to the pool. En route to the gold medal, van der Burgh smashed the world record with a time of 58.46, easily ahead of the 58.93 produced by Australian Christian Sprenger and the 59.49 recorded by American Brendan Hansen.

Days after van der Burgh's victory, however, there was controversy. In what was an honest

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# London 2012



[PHOTO BY KYLE TERADA, USA TODAY SPORTS]

**Picture** ▶ Allison Schmitt (bottom) and Camille Muffat battled each other in the women's 200 and 400 freestyles, with Muffat edging the American in the 400, but Schmitt returning the favor in the 200 two days later. Muffat joined Laure Manaudou (2004) as France's two Olympic gold medalists in the 400.





**PICTURED »** The USA's Dana Vollmer (center) eased off her normal pace over the first 50 of the women's 100 fly, then surged to the finish with the first-ever sub-56-second performance. Her 55.98 was well ahead of China's Lu Ying (right) and Australia's Alicia Coutts (left).



**PICTURED »** USA's Missy Franklin (right) is congratulated by Australian Emily Seebohm after she beat Seebohm to the wall in the women's 100 back, 58.33 (a U.S. record) to 58.68. Franklin swam the event just 13 minutes after contesting the semifinals of the 200 free.





**DAY-BY-DAY COVERAGE** — *continued from 36*  
assessment of his race, the South African admitted to using several dolphin kicks at the start of his race. The “reasoning” for his illegal maneuvers was the need to stay with his competitors, who, he claimed, were also using multiple dolphin kicks.

After van der Burgh’s declaration, there was widespread disappointment in his admission of cheating, which can easily be seen in underwater videos of the race. More, van der Burgh’s words could be the final straw when it comes to FINA instituting official underwater video review.

Despite the controversy, van der Burgh was thrilled with his triumph.

“It is just a feeling I can’t describe right now,” van der Burgh said. “The last four years, a lot of work has gone into this moment. Everything paid off. If there is such a thing as a perfect race, I definitely did it at the right time.”

For Hansen, who returned from a two-year retirement to compete

in his third Olympiad, the bronze medal was more than satisfying. Hansen barely slipped into the championship final after finishing eighth in the semifinals. In sixth at the turn of the final, Hansen zoomed down the final 20 meters to edge Hungarian Daniel Gyurta for a podium spot.

“I never counted myself out,” Hansen said. “Being out in lane 8, I knew I could swim my own race, and no one would see me. This is the shiniest bronze medal ever.”

### **WOMEN’S 400 FREESTYLE**

The knock on France’s Camille Muffat the past few years has been her inability to perform at her best under pressure. While Muffat has routinely cranked out top times in midseason meets, she hasn’t exactly flourished in elite events. That all changed in London when she came out on top in her specialty discipline.

Muffat took charge of the race from the get-go, keeping American Allison Schmitt at bay. And even as Schmitt turned up the heat over the

final two laps, Muffat had enough energy to remain in front and join countrywoman Laure Manaudou (2004) as an Olympic titlist in the event. Muffat recorded a winning time of 4:01.45 to better the 4:01.77 of Schmitt.

“I’m relieved and happy,” Muffat said. “I haven’t thought about all the work I put in. I was thinking about my family, but I didn’t speak with them a lot because I knew I would be disappointed if I didn’t win. Being an Olympic champion was the most difficult dream to reach. I knew this year I was the best, but I didn’t expect to win.”

The home crowd at the London Aquatic Centre had plenty to cheer about in the bronze medalist, as Great Britain’s Rebecca Adlington worked her way onto the medals stand. The defending champion stopped the clock in 4:03.01, comfortably ahead of Denmark’s Lotte Friis, who placed fourth in 4:03.98. What was disappointing for Adlington was the fact that

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**PICTURED** > France won its third straight Olympic final, taking the final two events of Day 2 (women’s 400 free and men’s 400 free relay) plus the first championship event of Day 3 (Yannick Agnel, center, men’s 200 free). His 1:43.14 was more than a second faster than China’s Sun Yang (right) and Korea’s Tae Hwan Park (left, previous page), who tied for second.

[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]





[PHOTO BY RICHARD MACGISON, US PRESSWIRE]

PICTURED » Japan's Satomi Suzuki followed a path similar to Brendan Hansen's in the male version of the 100 breast, with both taking bronze. While Hansen was in lane 8, Suzuki utilized outside smoke from lane 1.

**DAY-BY-DAY COVERAGE** — continued from 39

she was faster at the British Trials in early March. It turned out that a majority of the British team was unable to match their performances from Trials, which were held at the Olympic facility.

Italian Federica Pellegrini, the world record holder, settled for fifth place, marking the second straight Olympiad in which she endured a disappointing result in the event.

**MEN'S 400 FREESTYLE RELAY**

Few fans of the sport will ever forget the incredible comeback by the United States and anchor Jason Lezak to win the 400 free relay at the Beijing Games. Clearly, France didn't forget, either. Four years after suffering defeat at the hands of the American quartet, the French pulled off a come-from-behind triumph of their own.

The foursome of Amaury Leveaux, Fabien Gilot, Clement Lefert and Yannick Agnel mined the gold medal in a time of 3:09.93, ahead of the 3:10.38 of the United States. In a reversal of fortune from Beijing, Lefert and Agnel enabled France to rally past Team USA, which used a lineup of Nathan Adrian, Michael Phelps, Cullen Jones and Ryan Lochte. It was Agnel's anchor split of 46.74 that was the difference.

This time around, France didn't crumble under the pressure. Rather, it received steady legs from Leveaux (48.13) and Gilot (47.67) before Lefert (47.39) and Agnel closed out matters. As for the United States, it supplied a strong performance, albeit one that was a little short of providing a repeat. The bronze medal went to Russia, which was timed in 3:11.41 behind the

efforts of Andrey Grechin, Nikita Lobintsev, Vladimir Morozov and Danila Izotov.

"It's magical, simply magical," Agnel said. "We didn't have too much pressure. We did what we know how to do. Now, we're the Olympic champions. It's brilliant."

The surprise of the event was the failure of Australia to capture any kind of medal. Heavily favored heading into the Olympics, Australia had to produce a disastrous race to miss the podium—and that is exactly what unfolded. The Aussie contingent of James Magnussen, Matt Targett, Eamon Sullivan and James Roberts took fourth in 3:11.63. The biggest problems were Magnussen and Roberts, who unfurled times well off what they registered at their Olympic Trials in March.

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[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]

**PICTURES** ▶ The United States turned in a gold-silver finish in the men's 100 back, with Matt Grevers (left) winning in 52.18, followed by Nick Thoman (right) at 52.92. Said Grevers: "This win is not just for me, but for the whole family. A U.S. 1-2 (finish) shows just how strong we are at the moment."



## Day 3 (July 30)

### MEN'S 200 FREESTYLE

The most-hyped event on the male program, a discipline that was supposed to induce a down-to-the-wire finish, turned out to be a rout. Blame France's Yannick Agnel for that development, as the youngster made the four laps his personal playground. When Agnel looked at the scoreboard for his time, the digital lights said he went 1:43.14—more than a second faster than his closest competitor.

Facing the likes of China's Sun Yang, Korea's Tae Hwan Park, American Ryan Lochte and Germany's Paul Biedermann, Agnel was supposed to be involved in a dogfight. Instead, he left everyone chasing and wondering what happened to the anticipated showdown. Agnel led wire-to-wire and led by nearly a second heading into the final lap, on which he posted the fastest split.

"This was above all my hopes and dreams," Agnel said. "This is something I've thought about since

I was younger. I wasn't expecting everyone else to be so slow."

Although the battle for the gold medal never materialized, there was a sensational duel for the silver medal. Actually, a pair of silver medals had to be distributed after Sun and Park touched the wall in identical times of 1:44.93, with Lochte occupying the No. 4 position in 1:45.04. Outside of Agnel, the field didn't come close to what was expected, a number of performances in the 1:43 range. Perhaps that scenario will unfold at next year's World Championships in Barcelona.

"I didn't get gold, but because the competitors were such high-ranking athletes, it was an honor to be in the same race," Park said. "I knew my condition wasn't so good once I turned at the 50-meter point."

Biedermann, the world record holder and bronze medalist in the event from the 2011 World Championships, took fifth place in 1:45.53.

### WOMEN'S 100 BACKSTROKE

By the time her career is com-

plete, Missy Franklin figures to be the stuff of legend. One of the stories that will go down in lore will be the double she pulled off on the third night of her first Olympiad. It was an evening that generated the first gold medal of her career—and in far-from-easy fashion.

Just 13 minutes after contesting the semifinals of the 200 free, Franklin somehow found a way to beat Australian Emily Seebohm to the wall in the 100 back. Despite having little rest from her previous event, Franklin tracked down the Aussie over the final lap and set an American record of 58.33 to land the gold medal.

The joy that Franklin exuded after realizing her victory was pure entertainment. She smiled in the pool, on the podium and during the parade of medalists. It was Franklin being Franklin. There isn't another athlete in the sport who enjoys herself as much as the 17-year-old, who instantly can turn on the focus when it is required.

"I am so happy," Franklin said. "I knew it was going to be difficult, but I had a blast out there

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**PICTURED** » France picked up the silver medal in the men's 800 free relay (7:02.77) behind the foursome of (from left) Clement Lefert, Gregory Mallet, Amaury Leveaux and (next page) Yannick Agnel. All but Mallet were members of the gold medal-winning 400 free relay from the second night of action.







PICTURED » Two days after finishing behind France's Camille Muffat (right) in the women's 400 free, the USA's Allison Schmitt (left) turned the tables, beating Muffat in the 200 by nearly two seconds in 1:53.61, the fastest in history in textile. Australia's Bronte Barrat (center) was third.



PICTURED » The USA's Caitlin Leverenz won the bronze medal in the women's 200 IM (2:08.95). "I was overjoyed with emotion when I turned around and saw that I had gotten third and was able to get on the medal stand for my country," she said.

[PHOTO BY KIRBY LEE, USA TODAY SPORTS]





**DAY-BY-DAY COVERAGE** — *continued from 42*  
tonight. I got so much advice from the team (on handling the double). One coach told me to take it one event at a time, and one coach told me to relax. It is exceeding my expectations one hundred billion times over. I couldn't be happier. I knew I just had to give it everything I had."

En route to the silver medal, Seebohm turned in a time of 58.68. While that effort was solid, it was slower than she went during both the preliminary and semifinal rounds. However, her time in the championship final was enough to fight off Japan's Aya Terakawa, who took the bronze medal in 58.93. Russia's Anastasia Zueva finished just outside the medals in 59.00.

### **MEN'S 100 BACKSTROKE**

When Matt Grevers failed to qualify for the team that represented the United States at the 2011 World Championships, his career hit a crossroads. He could have gone into a spiral, or he could

have answered with a vengeance. Grevers went for revenge, and it paid major dividends in the final of his pet event.

Four years after grabbing the silver medal behind teammate Aaron Peirsol, Grevers vaulted into the gold-medal position by blowing away his rivals with a time of 52.18, good for an Olympic record. Making the performance even sweeter was the fact that Grevers was once again part of a gold-silver finish for the United States. Placing behind Grevers was Nick Thoman, who churned out a swim of 52.92.

Grevers established himself as the gold-medal favorite at the U.S. Trials and kept the momentum rolling through each of his three rounds in London.

"It feels incredible," Grevers said. "I came so close back in 2008, and when Aaron (Peirsol) retired, I knew I stood a chance. This win is not just for me, but for the whole family. A U.S. 1-2 (finish) shows just how strong we are at the moment. It's a special group of guys, and

there's no animosity at all."

Thoman saved his best race for the right moment, earning the veteran the first Olympic medal of his career. Thoman, who has continually risen up the American ranks, clipped Japan's Ryosuke Irie for the silver medal, with Irie taking the bronze medal in 52.97. The fourth-place finisher was France's Camille Lacourt, who tied for first with teammate Jeremy Stravius the previous summer at the World Champs.

### **WOMEN'S 100 BREASTSTROKE**

One of the best parts of most Olympics is the emergence of an athlete from off the radar to gold-medal status. Filling that role in London was Lithuania's Ruta Meilutyte, who rocketed onto the scene to register a major upset in the 100 breast.

After making her name known during the preliminaries and semifinals, the 15-year-old didn't buckle under the heat of the championship final. Staying strong through every



**PICTURED** » (Previous page): Rising South African star, Chad Le Clos (right), pulled off a major upset in the men's 200 fly, coming from behind to outtouch Michael Phelps (left), who won his signature event in 2004 and 2008. "Phelps is my hero, and I love the guy," Le Clos said. "To beat him, I can't believe it."



stroke, the teenager won the gold medal in 1:05.47, just ahead of the 1:05.55 of American Rebecca Soni, the favorite entering the Games. Since Meilutyte trains in Great Britain, it was appropriate that her victory was greatly appreciated by the British crowd.

"I can't believe it," Meilutyte said. "It's too much for me. I really can't say anything. It was hard and difficult. At the moment, I can't speak too much. But it means a lot to me, and I'm so proud."

Soni's silver-medal finish was her second consecutive in the event, as she was the runner-up behind Australia's Leisel Jones at the Beijing Games. Charging toward the wall, Soni probably needed just another meter to edge her new rival, but she ran out of room. However, Soni rebounded in the 200 breast, her better event, to win gold in world-record time.

The bronze medal was won by Japan's Satomi Suzuki, who covered the two laps in 1:06.46, comfortably ahead of the 1:06.93 by

Jamaica's Alia Atkinson. In order to race in the final, Atkinson had to survive a swim-off the previous day against Canada's Tera Van Beilen. Suzuki followed a path similar to Brendan Hansen's in the male version of the event, with both taking bronze. While Hansen was in lane 8, Suzuki utilized outside smoke from lane 1.

## Day 4 (July 31)

### WOMEN'S 200 FREESTYLE

Throughout her training alongside Michael Phelps, Allison Schmitt got an up-close-and-personal look at a man who knows a thing or two about taking command of the sport. So, it shouldn't have been startling to watch Schmitt take control of the 200 free in a forceful way. It was a tactic that paid huge dividends.

Two days after squaring off with Frenchwoman Camille Muffat in the 400, where she came up just short of a gold medal, Schmitt

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**PICTURED** » China's 16-year-old sensation, Ye Shiwen, completed her sweep of the medley events with a win in the women's 200 IM (2:07.57). It was the fourth straight Olympiad in which one woman swept the medley events (Yana Klochkova, 2000-04; Stephanie Rice, 2008).

[PHOTO BY KIRBY LEE, USA TODAY SPORTS]



**PICTURED** » With the home crowd cheering him on with every stroke, Great Britain's Michael Jamieson won the silver medal in the men's 200 breast in 2:07.43. His finish was the best of the week for British Swimming, which had an underwhelming showing overall.



**DAY-BY-DAY COVERAGE** — *continued from 45*  
overwhelmed her European foe in the shorter distance. Bolting off the blocks, she showed her heels to the field in quick fashion and won by nearly two seconds in 1:53.61, the fastest in history in textile.

In preparation for her second Olympiad, Schmitt took a red-shirt year from the University of Georgia and trained under Coach Bob Bowman with the North Baltimore Aquatic Club. She was clearly prepared, as she turned several impressive midseason performances into a five-medal haul in London, including three gold medals.

"I couldn't be happier," Schmitt said. "I couldn't see anything other than the racer next to me, so I didn't know where I was or what the time was. I just tried to keep focused and to keep calm. Mike (Phelps) and I were joking before the race, and he said as soon as you get on the blocks, it's time to start focusing."

Muffat had another strong showing, her time of 1:55.58 good enough for the silver medal, ahead of Australian Bronte Barratt (1:55.81). Barratt picked up her bronze medal in the closest way, as American Missy Franklin finished a hundredth of a second back for fourth place. Defending champion Federica Pellegrini of Italy was fifth.

#### **MEN'S 200 BUTTERFLY**

Throughout the illustrious career of Michael Phelps, he made it a habit of running down the opposition in the final few strokes of a race. Michael Cavic knows the feeling, as does Ian Crocker. So, to see Phelps get caught from behind was an unfamiliar scene, but one that unfolded in London. Turning the tables on Phelps was Chad Le Clos, the rising South African star who could be one of the biggest names in the sport sooner than later.

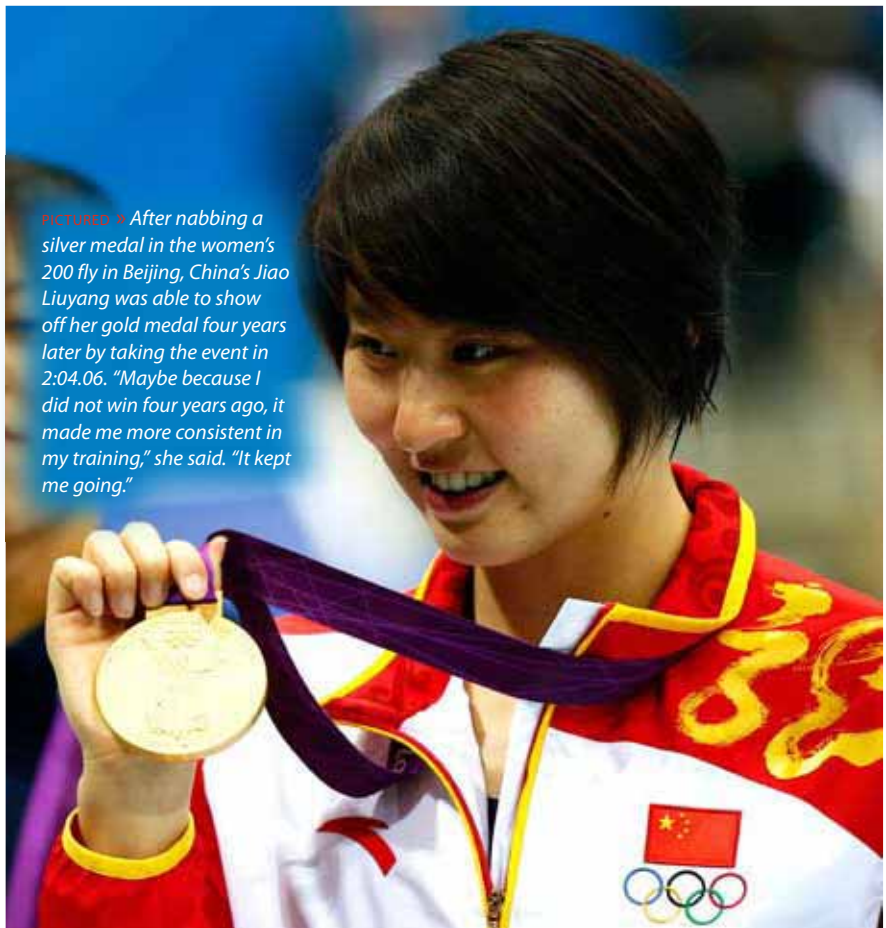
As Phelps chased his third

straight Olympic title in the event, Le Clos pulled off a major upset. With Phelps tightening up toward the end of the race and not producing a good finish, Le Clos clipped his idol at the wall, prevailing in 1:52.96. Phelps followed in 1:53.01. Almost immediately after the race, jaws dropped around the venue. Few thought Phelps would fall in his last outing in the 200 fly.

"It's been a dream of mine ever since I was a little boy," Le Clos said. "I just wanted to race Phelps in the final, and (now) I've beaten him. I can't believe it. Phelps is my hero and I love the guy. To beat him, I can't believe it. You don't understand what this means to me. This is the greatest moment of my life."

Phelps took his defeat admirably, congratulating Le Clos and helping him understand the finer points of the medals ceremony. Le Clos seemed like a young boy in all his glory, a combination of the elation brought on by his victory





**PICTURED** » After nabbing a silver medal in the women's 200 fly in Beijing, China's Jiao Liuyang was able to show off her gold medal four years later by taking the event in 2:04.06. "Maybe because I did not win four years ago, it made me more consistent in my training," she said. "It kept me going."

[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]

and his interactions with Phelps. Following Le Clos and Phelps for the bronze medal was Japan's Takeshi Matsuda, who turned in a time of 1:53.21.

"I was on the receiving end of getting touched out," Phelps said. "Chad swam a good race. I've gotten to know him a little over the last year. He's a hard worker, he's a tough competitor, and he's a racer."

#### **WOMEN'S 200 INDIVIDUAL MEDLEY**

Was there really any question who would win this event? After the way Ye Shiwen won the world title last summer in Shanghai, she was instantly anointed as the heavy favorite. Then, after winning the 400 medley at the Olympic Games with a world record, she was pretty much deemed unbeatable. It was true.

Although Ye did not threaten the world record, which was viewed as a possibility, the Chinese teenager

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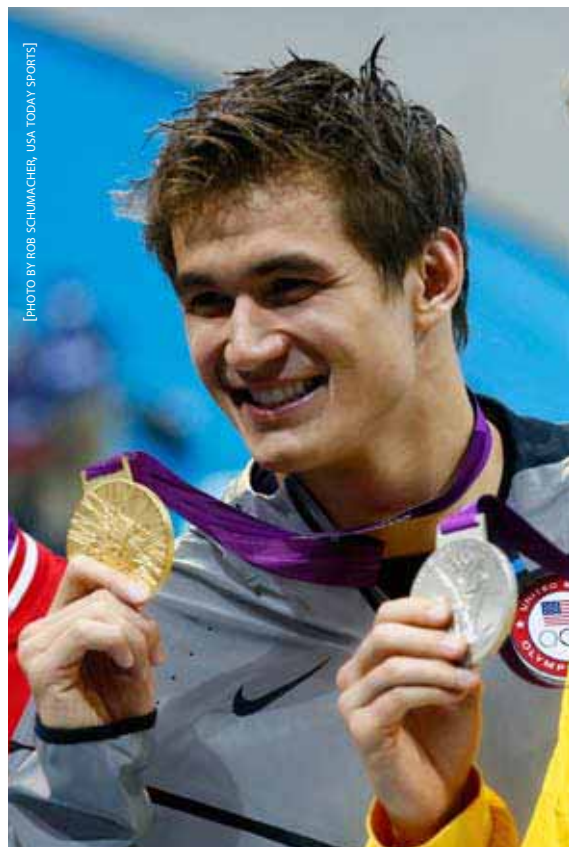


**PICTURED** » The American women—(from left) Shannon Vreeland, Allison Schmitt, Dana Vollmer and Missy Franklin—give a group hug after winning the women's 800 free relay in 7:42.92. Their time, an Olympic record, wasn't far off the world record of 7:42.08, set by China during the techsuit era.

[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]



**PICTURED** » Despite turning fourth at the midpoint of the women's 100 free, the Netherlands' Ranomi Kromowidjojo stormed ahead of the field to win in 53.00. "It's something you dream of as a child," she said. "Half of the Netherlands is probably partying pretty hard right now."



#### DAY-BY-DAY COVERAGE — continued from 47

still manhandled her foes. The end result was the 16-year-old posting a sweep of the medley events with a victory in the 200 IM in 2:07.57. It was the fourth straight Olympiad in which one woman swept the medley events, with Yana Klochkova (2000-04) and Stephanie Rice (2008) also pulling off the feat.

Following the race, Ye admitted to hearing the rampant speculation that she was a product of performance-enhancing drugs, but indicated that she put the allegations behind her. It wasn't something she wanted to think about.

"I couldn't lose the race," she said. "I didn't expect the others to swim so fast. I was surprised. I didn't let (the negative media coverage) affect me."

Lost in the dominance by Ye was a sterling showing by Aussie Alicia Coutts in grabbing the silver medal. Coutts managed a time of 2:08.15, which would have been lauded even more without Ye's other-worldly time. The bronze medal went to the United States' Caitlin Leverenz, who used a per-

sonal-best time of 2:08.95 to finish third.

"I just went into the race knowing that I could be in the hunt for a medal," Leverenz said. "I'm going to put myself out there and race and give it everything I got. I'm really happy with how it turned out. I was overjoyed with emotion when I turned around and saw that I had gotten third and was able to get on the medal stand for my country. It was an amazing feeling."

#### MEN'S 800 FREESTYLE RELAY

Ever since the United States upended Australia to win the gold medal at the 2004 Olympics in Athens, the Americans have owned this event. Nothing was different in London, as the combination of Ryan Lochte, Conor Dwyer, Ricky Berens and Michael Phelps cruised to the gold medal in 6:59.70—more than three seconds quicker than France (7:02.77).

The victory for the United States had extra significance—it made Phelps the most-decorated Olympian in history. Combined

with his silver medal in the 200 fly earlier in the night, the gold in the 800 free relay gave Phelps 19 career Olympic medals, one more than what Soviet gymnast Larisa Latynina garnered from 1956-64. For the record-setting achievement, it was fitting that Phelps was on the anchor leg.

"He deserves the record," Latynina said. "I hope he can hold it for many years."

Breaking the seven-minute barrier in textile suits was an impressive accomplishment for the U.S. team, which was jumpstarted by Lochte's leg of 1:45.15. Dwyer and Berens followed with respective splits of 1:45.23 and 1:45.27, setting the stage for Phelps to finish things off in 1:44.05.

"I told the guys I wanted a big lead, and they gave it to me," Phelps said. "I just wanted to hold on. It's a pretty cool feeling (to hold the career-medal record). It was a good way to end the night."

Continuing its strong showing, France picked up the silver medal behind the foursome of Amaury Leveaux, Gregory Mallet, Clement





**PICTURED »** Only 1-hundredth of a second separated the winner of the gold medal from the silver medal, as the USA's Nathan Adrian (previous page, left) turned in the most dramatic triumph of the London Games when he edged Australia's James Magnussen (right) in the men's 100 free, 47.52 to 47.53.



[PHOTO BY ANDREW P. SCOTT, USA TODAY SPORTS]

**PICTURED »** The gold medal in the men's 200 back was supposed to be Ryan Lochte's (right), but the defending Olympic and world champion was forced to settle for the bronze medal (1:53.94), as teammate Tyler Clary (left) had a breakout performance to win in 1:53.41 over Japan's Ryosuke Irie (1:53.78).

Lefert and Yannick Agnel. All but Mallet were members of the gold medal-winning 400 free relay from the second night of action.

China worked its way onto the podium, as Hao Yun, Li Yunqi, Jiang Haiqi and Sun Yang combined for a time of 7:06.30, slightly ahead of the 7:06.59 of Germany.

## Day 5 (August 1)

### MEN'S 200 BREASTSTROKE

Even before his teenage years, Hungarian Daniel Gyurta was tabbed as a future star in the breaststroke events. Through the years, he delivered on his promise, most notably through a pair of gold medals at the 2009 and 2011 World Championships. Now, he has the only thing that was missing on his resumé: an Olympic gold medal.

Producing the finest race of his career, Gyurta set a world record in the championship final of the 200 breast, touching the wall in 2:07.28. The victory atoned for a narrow miss in the 100, where Gyurta was the fourth-place finisher. It also

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**PICTURED** ▶ While gold medalist Rebecca Soni (center), USA, became the first woman to break 2:20 in the 200 breast (2:19.59), the runners-up in the event—Japan's Satomi Suzuki (right) and Russia's Yuliya Efimova (left)—are among only a half-dozen female swimmers ever to break 2:21.



**PICTURED** ▶ Missy Franklin, USA, completed her sweep of the women's backstroke events by winning the 200 in 2:04.06—nearly a second faster than the WR that was set during the techsuit days. "It's not the suit that makes the swimmer," she said. "It's the swimmer that makes the suit. I had the time of my life out there."

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brought the comeback of the Hungarian full circle, as he has impressively battled back from some down years after the 2004 Olympics to become the best in the sport in the longer breaststroke event.

"I'm proud of the Olympic title," Gyurta said. "To break the world record is what makes me proudest. I managed to prove for everyone and for myself that after those devastating two years after the 2004 Olympic Games, I could bounce back and do what I dreamed of since my childhood. The race didn't go particularly as I planned, but my performance was still enough to win."

With the home crowd cheering him on with every stroke, Great Britain's Michael Jamieson won the silver medal in 2:07.43. His finish was the best of the week for British Swimming, which had an underwhelming showing overall. Claiming the bronze medal was Japan's Ryo Tateishi, who clocked in at 2:08.29.

Two-time defending champion Kosuke Kitajima of Japan just missed the podium with a fourth-place time of 2:08.35. He was attempting to become the first man to win an event at three consecutive Olympiads.

**WOMEN'S 200 BUTTERFLY**

Four years ago, China's Jiao Liuyang played second fiddle at the Beijing Games after nabbing a silver medal in the distance fly. While Jiao's effort





**PHOTOS: PHILIP H. FRANKLIN** Michael Phelps (top) and Ryan Lochte (foreground) react to the scoreboard that showed Phelps leading a gold-silver finish for the U.S., 1:54.27 to 1:54.90. For Phelps, who lost to Lochte in the 400 IM on Day 1, his Day 6 triumph was his first individual gold medal of the Games.

was superb, she placed behind countrywoman Liu Zige, who was greatly celebrated in China for prevailing in front of her home crowd. In London, it was Jiao who was the athlete enjoying the spotlight.

In what was viewed as one of the most wide-open events on the women's program, the 200 fly outcome turned on the final lap. Trailing Spain's Mireia Belmonte heading into the final 50 meters, Jiao outsplit the Spaniard by more than two seconds to take the gold medal in an Olympic record of 2:04.06. Despite fading down the stretch, Belmonte held on for the silver medal in 2:05.25.

"It was my strategy to accelerate in the last 50 meters," Jiao said, "because in the semifinal, I swam too fast in the first half, and it made me really tired for the second half. I am really happy, but I still need to put more effort in training, as it was not an easy win. Maybe because I did not win four years ago, it made me more consistent in my training. It kept me going."

The bronze medal was picked

up by Japan's Natsumi Hoshi, who registered a performance of 2:05.48, which gave her a comfortable cushion over fourth-place finisher Kathleen Hersey of the United States. Touching in 2:05.78, Hersey might have missed the podium, but she generated a buzz in an event that has been a weak point for the U.S. women since Misty Hyman's upset victory in Sydney 12 years ago. Cammille Adams also helped rejuvenate the discipline with a fifth-place showing.

Liu, the defending champion and world record holder, was never a factor. Struggling for much of the year to regain her prime form, she placed eighth.

#### **MEN'S 100 FREESTYLE**

Being the overwhelming choice for a gold medal in an individual event is a heavy burden. Ask James Magnussen. After popping the fastest time in history in textile at the Australian Trials in March, Magnussen was viewed by many as unbeatable in the Blue Ribbon event of the Olympics. The United

States' Nathan Adrian wasn't buying into Magnussen's invincibility.

Swimming the race of his life, Adrian turned in the most dramatic triumph of the London Games when he edged Magnussen by the smallest of margins for the 100 free title. When both men looked at the clock, it showed Adrian touching in 47.52 to Magnussen's 47.53.

The race played out as expected, with Adrian pushing the pace for the first lap and Magnussen trying to run him down over the final 50 meters. Adrian, though, managed to hold on.

"I'm a guy who has a lot of speed," Adrian said. "I can go out fast, and I die a little more than (Magnussen) does. It's a little nerve-racking the second 50. I just had to really focus on it and stay strong."

Magnussen's effort marked his second shortcoming of the meet, as he was also part of the Australian 400 freestyle relay squad that went from heavy favorite for the gold medal to a fourth-place finish. After

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the 100 free, Magnussen admitted to being subdued by his results.

"Having such a successful young career, I just felt pretty much bulletproof coming into this Olympics, and it is very humbling," Magnussen said.

Known for producing his best performances when the pressure is on, Canada's Brent Hayden landed the bronze medal with a time of 47.80, just ahead of the 47.84 by France's Yannick Agnel. Six men managed to crack the 48-second barrier.

Franklin kicked off the festivities with a split of 1:55.96 and was followed by Vollmer (1:56.02) and Vreeland (1:56.85) with solid efforts. That set the stage for Schmitt to uncork a 1:54.09. The United States' time wasn't far off the world record of 7:42.08, set by China during the techsuit era, and the Americans avenged a loss to the Australians in 2008.

"I knew it was going to be close," said Schmitt, who took gold in the 200 free and silver in the 400. "I was just trying to swim my own race and save my legs on that first 50 and bring it home strong for the

won in the 400 free relay, 100 fly and 200 IM.

France secured the bronze medal (7:47.49), thanks to the efforts of Camille Muffat, Charlotte Bonnet, Ophelie-Cyrielle Etienne and Coralie Balmy. Muffat made the biggest impact, leading off in 1:55.51. Canada followed in fourth place in 7:50.65.

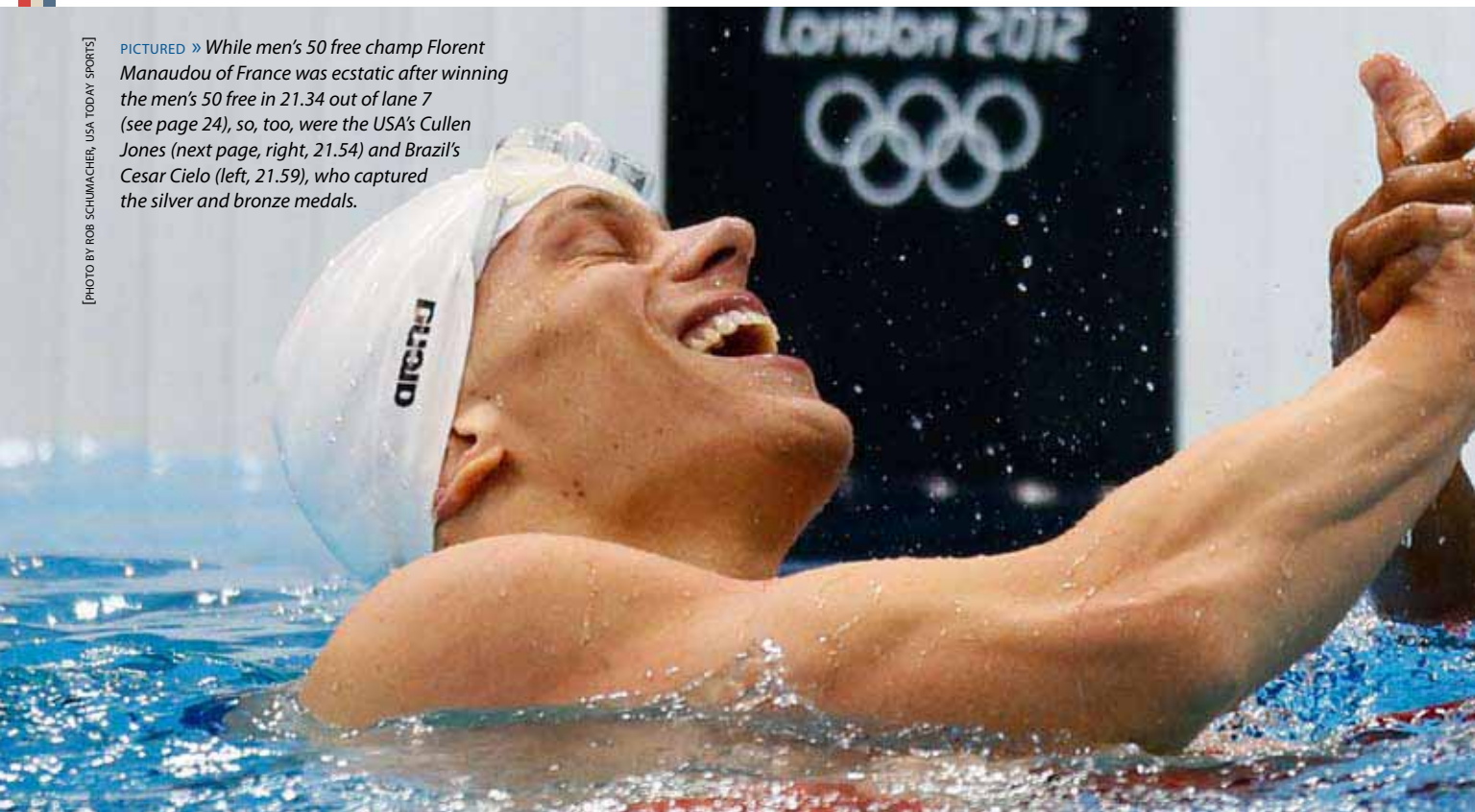
## Day 6 (August 2)

### WOMEN'S 200 BREASTSTROKE

There wasn't an event in London that was more of a slam dunk than this one. This was all

[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]

**PICTURED »** While men's 50 free champ Florent Manaudou of France was ecstatic after winning the men's 50 free in 21.34 out of lane 7 (see page 24), so, too, were the USA's Cullen Jones (next page, right, 21.54) and Brazil's Cesar Cielo (left, 21.59), who captured the silver and bronze medals.



### WOMEN'S 800 FREESTYLE RELAY

Between them, they won 10 Olympic medals, including seven of the gold variety. So with Missy Franklin on the leadoff leg and Allison Schmitt anchoring, there was little doubt the United States would win the distance relay. It did—and in dominating fashion. The quartet of Franklin, Dana Vollmer, Shannon Vreeland and Schmitt set an Olympic record of 7:42.92 to outdistance Australia.

U.S. I just wanted to feed off that energy and bring home the gold tonight for the relay. The best thing is to bring home gold for the U.S. The first three ladies had amazing swims, and I just wanted to bring it home for them."

The Australian squad of Bronte Barratt, Melanie Schlanger, Kylie Palmer and Alicia Coutts earned the silver medal in 7:44.41. It was Coutts' fourth medal of the Games, complementing the hardware she

about Rebecca Soni, the reigning Olympic champion. After breaking the world record in the semifinals and just missing the first sub-2:20 performance in women's swimming history, the championship final was viewed by many as a mere formality. The only question was how fast would Soni go?

As it turned out, she went faster than any woman ever had. In the process, she achieved her longtime goal of breaking the 2:20 barrier,



with her winning time of 2:19.59 arguably the finest swim of the Games. Soni was in control from the start, with the clock her most formidable foe. She turned at 100 meters in 1:08.10 and seemingly got stronger throughout the race. Ultimately, she walked away with a gold-medal repeat and a one-plus second decision over Japan's Satomi Suzuki, the bronze medalist in the 100 breast.

"I'm so happy," said Soni, who was the silver medalist in the 100 breast. "I didn't try to focus on medals or records. I just wanted to swim one more race the way I

going under 2:21. She was joined in that club by Russia's Yuliya Efimova, who picked up the bronze medal with a time of 2:20.92, plenty faster than the 2:21.65 of Denmark's Rikke Pedersen in fourth place.

It was a good event, too, for Dave Salo, the coach of the Trojan Swim Club in Southern California. Salo mentors both Soni and Efimova in his stable of elite athletes.

#### **MEN'S 200 BACKSTROKE**

The first part of Ryan Lochte's difficult double on Day 6 was supposed to be the easier half. After all, he was the defending Olympic

gear and gradually pulled away, posting a time of 1:53.41. That effort—an Olympic standard—was enough to defeat Japan's Ryosuke Irie, who grabbed the silver medal in 1:53.78. Clary's win marked the fifth consecutive time an American has won the gold medal in the event.

"I had a couple of different ways I had foreseen the race playing out with regard to everyone else in the heat and the way things were in the 100," Clary said. "It was going to be really tough to come back and get my hand on the wall. But I stuck to my guns, and I was able to



knew I could. It's been my goal since I was a little kid to swim under 2:20. When my coach told me (I was) going to be the first woman to go under 2:20, I've been chasing it ever since. I didn't want to look."

Lost in the historic effort put together by Soni was Suzuki's showing, which was nothing short of sensational. Equaling the Asian record with her 2:20.72, Suzuki moved into esteemed company by

champion in the 200 back and had won the world championship the previous summer in commanding fashion. Yet, the event was anything but manageable for Lochte, as he was upstaged by a teammate. Simply put, this was Tyler Clary's breakout performance.

Often overshadowed by Lochte and Michael Phelps, Clary finally broke free of his countrymen. Trailing Lochte with a lap remaining, Clary shifted into a higher

come by in those last few 15 meters and get my hand on the wall (first). That was the perfect race I swam tonight. It couldn't have gone any better. I cannot think of anything I could have done any better in the last couple of races."

Lochte was forced to settle for the bronze medal in 1:53.94—ahead of Poland's Radoslaw Kawecki in 1:55.59—and he headed into his showdown with Michael Phelps in

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**DAY-BY-DAY COVERAGE** — *continued from 53*

the 200 IM without the momentum he was expected to gather. The 200 medley followed the 200 back by about 20 minutes.

**MEN'S 200 INDIVIDUAL MEDLEY**

On four occasions prior to this event, fans watched Michael Phelps and Kosuke Kitajima come up short of becoming the first man in history to win an event at three consecutive Olympiads. Phelps failed in the 400 IM and 200 fly, while Kitajima missed in the 100 and 200 breaststrokes. However, there wasn't going to be another failure—Phelps made sure history was made.

In what might be considered the premier showdown of the 2012 Olympics, Phelps earned a split of his head-to-head matchups with Ryan Lochte by convincingly dispatching his rival, 1:54.27 to 1:54.90. For Phelps, it was his third straight 200 IM crown and allowed him to join Dawn Fraser (100 free) and Kristina Egerszegi (200 back) as the only individuals to three-peat at the Olympics.

Phelps proved his early struggles were behind him as he surged ahead from the start and built a comfortable margin over Lochte, the reigning world champion. It was Phelps' first individual gold medal of the Games and the 20th medal of his Olympic career.

"I've been a little short in a couple (of races) already," Phelps said. "Even though (Lochte) had that 200 back before, I knew he was going to be tough. I kind of wanted to push the first 100 as much as I could just to see what would happen. Somebody told me I was under world-record pace with 25 (meters) to go, so it's kind of frustrating to be a little short. But to be able to win the gold medal and repeat three times is something pretty special."

While Phelps and Lochte engaged in a two-man race for the gold and silver medals, Hungary's Laszlo Cseh won the secondary race for the bronze medal. It was

the fifth Olympic medal for Cseh, who has been a bridesmaid for the majority of his career behind the excellence of Phelps and Lochte. Brazil's Thiago Pereira finished fourth.

**WOMEN'S 100 FREESTYLE**

With the way she performed in the leadup to the London Games, there was hefty pressure on the shoulders of the Netherlands' Ranomi Kromowidjojo entering the two-lap sprint. She obviously wasn't fazed by the lofty expectations. Although Kromowidjojo came up shy of her season-best time, her 53.00 was plenty quick enough for a gold medal.

The Dutchwoman comes from a country with a rich sprinting tradition, and she upheld

the banner once carried by the likes of Inge de Bruijn and Pieter van den Hoogenband. Although Kromowidjojo trailed Belarus' Aliaksandra Herasimenia at the midway point, Kromowidjojo had too much power down the stretch and stormed ahead of Herasimenia, who took the silver medal in 53.38.

"It will take awhile before it all sinks in," Kromowidjojo said. "It wasn't a perfect race, but I know that I feel very strong in the water. I didn't see how the others were doing, but I just paid attention to how I was swimming, and I swam very fast. I turned in fourth, but I touched first (at the finish), and that's the main purpose. It's something you dream of as a child. Half of the Netherlands is probably partying pretty hard right now."



**PHOTOGRAPH BY** American Katie Ledecky (right), 15, came within a half-second of the world record in the women's 800 free, winning in 8:14.63. Great Britain's Rebecca Adlington (left)—the world record holder and reigning Olympic champion—finished third for her second bronze medal of the meet.





[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]

**PICTURED »** *In the final individual race of his Olympic career, Phelps won gold medal No. 17 and overall medal No. 21 when he produced a time of 51.21 in the men's 100 fly. "This is my last individual event," he said. "This one was awesome."*

Herasimenia was ahead at the turn in a quick split of 25.22, but maintaining that type of pace was impossible. Continuing a strong showing by China, Tang Yi occupied the bronze-medal position, earning a podium slot in 53.44. She was followed to the wall by Australia's Melanie Schlanger (53.47) and American Missy Franklin (53.64).

## Day 7 (August 3)

### WOMEN'S 200 BACKSTROKE

World records—except for during the techsuit era—are not formalities...well, unless you're Missy Franklin in her best event. As Franklin hopped into the water for the final of the 200 back, a gold medal was pretty much a foregone conclusion. So was a world record, which Franklin threatened at last year's World Championships.

Revealing herself to be the only mortal occupying the stratosphere, Franklin met those high expectations and more. In the lead at every checkpoint, Franklin flew to a time of 2:04.06, which sliced nearly a second from the world record of Kirsty Coventry, who went 2:04.81 at the 2009 World Champs in Rome. That effort was from the peak of the techsuit days. The win also gave Franklin a sweep of the backstroke events.

"I think it is awesome that so many swimmers have been able to

break world records when a lot of people didn't think we'd be able to," Franklin said. "(The techsuits) kind of motivated us. We wanted to get better and to show people we don't need the suits. It's not the suit that makes the swimmer. It's the swimmer that makes the suit. I had the time of my life out there."

By winning the event, Franklin snapped a lengthy drought for the United States in the dorsal event. Before the 17-year-old prevailed, the last time an American woman won the 200 back at the Olympics was in 1972, when 15-year-old Melissa Belote won her third gold medal at Munich.

Coming off a disappointing fourth-place effort in the 100 back, Russia's Anastasia Zueva grabbed the silver medal with a time of 2:05.92. Meanwhile, American Elizabeth Beisel took the bronze medal in 2:06.55, allowing her to add hardware to the silver medal she won on the opening night of competition in the 400 IM.

### MEN'S 100 BUTTERFLY

The last two times Michael Phelps contested the 100 fly in Olympic competition, he needed come-from-behind efforts to prevail at the wall. Ian Crocker was the victim in 2004. Milorad Cavic was caught in 2008, losing by a hundredth of a second.

This time was different. He didn't need another heart-stopping

outing this time around, as he became the first swimmer to three-peat in two separate events.

In the final individual race of his Olympic career, Phelps won gold medal No. 17 and overall medal No. 21 when he produced a time of 51.21. Although Phelps was seventh at the midway point, he was clearly in front heading to the finish. The time was far from his best and not overly impressive, but the important thing was getting to the wall first. That's something Phelps has done better than anyone in history.

"This is my last individual event. This one was awesome," Phelps said. "I felt hitting the wall I wasn't too happy. The finish was a little long. This swim was pretty important to me. I wanted to win. If I wanted to swim faster, I should have prepared better. It's really cool walking out. Everyone was going crazy. It's something I have dreamed about. The sport has changed throughout my career. There are a lot of young guys to take the sport to the next level. It's pretty cool for me to be a part of that."

One of those young guys who will carry the banner for the sport is South African Chad Le Clos, who followed his upset victory over Phelps in the 200 fly with a shared silver medal in the 100. Delivering a time of 51.44, Le

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**PICTURED »** China's Sun Yang (center) bettered the WR in the men's 1500 free by more than three seconds (14:31.02). He finished more than eight seconds ahead of runner-up Ryan Cochrane (left) of Canada. Tunisia's Ous Mellouli (right), the defending champ who also won this year's 10K race, took third.

**DAY-BY-DAY COVERAGE** — continued from 55  
Clos equaled the mark of Russia's Evgeny Korotyshkin. In the lead at the 50-meter mark, Cavic followed in fourth place in 51.81.

### WOMEN'S 800 FREESTYLE

This event was supposed to be the chance for defending champion Rebecca Adlington to thrill the home crowd. With several of the best times in the world entering the championship final and her status as the world record holder, Adlington was the heavy favorite. But instead of a celebratory 16 laps, Adlington watched the emergence of a future star in the distance ranks.

American Katie Ledecky, who turned herself into a medal contender at the United States Olympic Trials, owned the longest race on the women's slate from the start. She led at every turn but one and ultimately finished with a time of



**PICTURED »** As Allison Schmitt (not pictured) touched the wall in the pool for a world record 3:52.05 in the women's 400 medley relay, her U.S. teammates began celebrating— (from left) Dana Vollmer, Rebecca Soni and Missy Franklin. Each swimmer was an individual Olympic champion in at least one event.



**PICTURED »** "It's a great night for Holland," exclaimed bronze medalist Marleen Veldhuis (next page, right) after the women's 50 free. That's because the Netherlands duo of Ranomi Kromowidjojo (next page, left) and Veldhuis grabbed two spots on the podium: first and third. Kromowidjojo, who also won the 100, clocked 24.05.



8:14.63, just off Adlington's global standard of 8:14.10.

More impressive, she took down the oldest textile best on the books by beating the 8:16.22 that Janet Evans registered back in 1989—before Ledecky was even born! As evidence of her dominance, Ledecky hit the midway point of her race in an absurd time of 4:04.34.

"I didn't really expect gold, but I'll take it," Ledecky said. "My game plan has always been to go out fast, but not too fast because it'll affect me later on in the race. I tried to go out a little more controlled, but I just got so excited and started racing. I've been working on that back half, so I was able to come home hard."

Spain's Mireia Belmonte—also using a strong back half, enabling her to move up on the field—won her second silver medal of the week in 8:18.76. That showing comple-

mented a second-place effort in the 200 fly. Adlington was forced to settle for her second bronze medal of the meet, as she was also the third-place finisher in the 400 free. Adlington touched in 8:20.32, more than two seconds ahead of New Zealand's Lauren Boyle.

#### **MEN'S 50 FREESTYLE**

Eight years earlier, he watched his sister, Laure Manaudou, become an Olympic champion at the Athens Games. In London, it was Florent Manaudou's turn to vault to the top of his sport, and he did so in stunning fashion. With all eyes on the middle of the pool and reigning champion Cesar Cielo of Brazil, Manaudou shocked the world by winning the gold medal out of lane 7.

Although considered a rising star in the sport, Manaudou wasn't expected to hang with the "big boys," especially Cielo. But when

he hit the wall in the frantic splash-and-dash and looked at the scoreboard, the Frenchman realized he was the Olympic titlist and fastest man in water, thanks to a triumphant time of 21.34.

"If I didn't believe it, I wouldn't be in an Olympic final," Manaudou said. "I was very relaxed. I think it's the secret. It was my aim to get into the final. By being in the final, I felt I had succeeded, and it was just fun from then on. In the 50, it's very quick. You don't look. I saw the light come on. I knew I was going to be on the podium—which is great—but I didn't know I would be first. Laure told me she was very proud of me. I hope I'll have as great a career as she has had."

Maintaining the momentum he generated at the U.S. Olympic Trials, Cullen Jones got to the wall in the silver-medal position, clocking 21.54. He was followed in 21.59

— *continued on 58*





by Cielo, the heavy favorite and world record holder. Cielo's countryman, Bruno Fratus, was fourth, with Anthony Ervin, the 2000 co-champion in the event, capping his comeback in fifth place.

"When you are really envisioning gold, silver just doesn't touch it," Jones said, "but I'm ecstatic. It's my first individual podium, and I got a medal. There are so many big names in the competition, and I had to do well in all three (rounds of the competition)."

## Day 8 (August 4)

### **WOMEN'S 50 FREESTYLE**

It's never easy to win one event at the Olympic Games, let alone multiple events. Meanwhile, the margin for error is lower in the sprint events, where one mistake can be the difference between victory and missing the medals podium. The Netherlands' Ranomi Kromowidjojo managed to avoid any land mines in London.

Adding to her earlier triumph in the 100 free, the Dutchwoman zoomed ahead of the field in the 50 free to complete her sweep of the sprint events. The favorite in the event—based on a superb leadup to the Games—Kromowidjojo went 24.05 to establish an Olympic record and the fastest mark in a textile suit.

Making the win even sweeter for her was the fact that she was joined on the podium by teammate Marleen Veldhuis, who picked up the bronze medal in 24.39. It was an impressive effort for Veldhuis, who became a mother between Olympiads, but got back into elite racing form. Kromowidjojo is the second Dutch sprinter to win the 50 and 100 freestyles in the same Olympics, joining Inge de Bruijn (2000).

"It's a great night for Holland," Veldhuis said. "I'm really pleased with the result. I had a baby two years ago, and it was a tough way

to come back, but I did it and it's really nice. The time doesn't matter to me anymore. It doesn't matter when it's bronze. I'm really happy."

As was the case in the 100 free, Belarus' Aliaksandra Herasimenia claimed the silver medal when she hit the touchpad in 24.28. The fourth-place position went to Germany's Britta Steffen, the defending champion in the event. Steffen swept the sprint races at the Beijing Games.

"I'm so upset. I wanted to beat her (Ranomi Kromowidjojo)," Herasimenia said. "The competition was difficult. This is the Olympic Games. There was too much nervousness."

### **MEN'S 1500 FREESTYLE**

It would have gone down as one of the biggest disasters in Olympic history. As the 1500 free was about to begin, China's Sun Yang broke from the blocks before the starting beep, leading to the possibility of a disqualification. But the world record holder was given a reprieve when officials deemed excessive fan noise as the reason for Sun's reaction. With his second chance, Sun shined.

Destroying the world record he set at last year's World Championships, Sun basically raced against the clock and popped an unbelievable mark of 14:31.02—more than three seconds quicker than his previous global standard. It was the latest showing of Sun's remarkable talent, which also helped him win gold in the 400 free and a share of the silver medal in the 200.

"I didn't set up any aims or objectives for the record before the race," Sun said. "But my coach (Denis Cotterell) did because I am in a good condition and there was a possibility (I could break the record). The environment helped me to achieve the objective, and I did it. I really wanted to get this gold medal. I didn't expect the little accident to happen at the start. I think it's really not easy

to adjust from this accident and to achieve this result. From 2008 until now, I've put a lot of effort in. This means a lot to me."

In what may as well have been another race, Canada's Ryan Cochrane picked up the silver medal in 14:39.63, more than eight seconds back of Sun. The bronze medal went to Tunisia's Ous Mellouli, the defending champion, who went on to win the gold medal in the open water 10-kilometer event. Fourth place went to Korea's Tae-Hwan Park, who earlier won silver medals in the 200 and 400 freestyles.

### **WOMEN'S 400 MEDLEY RELAY**

On paper, the United States looked like it was untouchable in the final event of the women's program. Indeed, that was the case. Throwing together an all-star lineup of Missy Franklin, Rebecca Soni, Dana Vollmer and Allison Schmitt, the Americans rolled through the opposition, setting a world record of 3:52.05. Each member of the United States' squad was an individual Olympic champion in at least one event.

Franklin got the American momentum rolling with a backstroke split of 58.50, then gave way to breaststroker Soni, who checked in with a 1:04.82, followed by Vollmer (55.48 fly) and Schmitt (53.25 free). The U.S. team just managed to slip under the previous world record of 3:52.19, set by China at the 2009 World Championships. Franklin and Schmitt finished with five medals each, while Vollmer and Soni had three medals apiece.

"I honestly couldn't think of a better way to end it. That was so perfect in every way," Franklin said. "It was the most fun relay I've ever been on. These relays have been so exciting. I am going to miss this so much. I'm really excited to meet up with my family and explore London a little bit, but I'm so sad it's all over. I've learned so much from this





**PICTURED »** Michael Phelps (left) congratulates anchor Nathan Adrian (right) after the USA won the men's 400 medley relay in 3:29.35. Matt Grevers and Brendan Hansen completed the quartet. FINA honored Phelps after the medals ceremony with a special lifetime achievement award—the perfect ending to a career that may never be duplicated.

[PHOTO BY MICHAEL MADRIG, USA TODAY SPORTS]

way appropriate: with a gold medal. Joining forces with Matt Grevers, Brendan Hansen and Nathan Adrian, Phelps helped the United States to the gold medal in 3:29.35. It marked the 18th gold medal of Phelps' career and his 22nd medal overall. Meanwhile, Phelps was honored after the medals ceremony with a special lifetime achievement award by FINA. It was the perfect conclusion to a career that may never be duplicated.

All four members of the American arsenal stood on the podium in an individual event, with Grevers, Phelps and Adrian earning gold medals. As for Hansen, he was the bronze medalist in the 100 breast. Together, they were too much for the rest of the world. In addition to posting the fastest textile suit time in history, the United States remained unbeaten in the event in Olympic competition. The only time the U.S. failed to win the 400 medley relay since it was added to the Olympic program in 1960 was in 1980, when the Americans boycotted the Moscow Games.

After the win, Phelps took a moment to reflect on everything he accomplished, including twice as many gold medals as any other Olympian in any sport.

"I've been able to do all I wanted," Phelps said. "I put my mind to different goals and was able to achieve them. Together, (Coach) Bob (Bowman) and I managed everything. If you can say that, there's no need to keep going."

Behind the efforts of Ryosuke Irie, Kosuke Kitajima, Takeshi Matsuda and Takuro Fujii, Japan collected the silver medal in a time of 3:31.26. It was a bump above the bronze medals that Japan won at the 2004 and 2008 Games. The bronze medal went to Australia, which clocked 3:31.58 behind the efforts of Hayden Stoeckel, Christian Sprenger, Matt Targett and James Magnussen. ♦

experience, and I can't wait to take that home with me."

The Australian foursome of Emily Seebohm, Leisel Jones, Alicia Coutts and Melanie Schlanger picked up the silver medal in 3:54.02. Coutts ended her Olympiad with five medals, while Jones joined Ian Thorpe as the most-decorated Aussie swimmer with nine career medals.

The bronze medal went to Japan, which saw the quartet of Aya Terakawa, Satomi Suzuki, Yuka Kato and Haruka Ueda hit the wall in 3:55.73. Russia placed just outside of the medals in fourth place.

#### **MEN'S 400 MEDLEY RELAY**

The end of the Michael Phelps era arrived in the only



[PHOTO BY ROB SCHUMMACHER, USA TODAY SPORTS]







(Previous page) In a drama-filled last round of diving in the men's 10-meter competition, American **David Boudia**—who barely sneaked into the semifinal round—won the gold medal with 568.65 points. In second was China's Qiu Bo, who needed 102.61 points to surpass Boudia on his final dive, but could only manage 100.60 for the silver medal. The bronze medal went to Great Britain's Thomas Daley, who was in first place going into the final round. He dove first among the trio, but used a dive that was low in degree of difficulty.

(Left) China's **Wu Minxia** and **He Zi** (middle) won the 3-meter synchro diving title with 346.20 points, giving Wu her third straight title in the event. Guo Jingjing had teamed with Wu in the 2004 and 2008 Olympics. The silver medal American duet of **Kelci Bryant** and **Abigail Johnston** (right) scored 321.90 points. Canada's **Emilie Heymans** (previous page, second from left) became the first diver to medal in four Olympics, earning the bronze medal with **Jennifer Abel** (316.80).

(Below) The Chinese duo of **Cao Yuan** and **Zhang Yanquan** (center) set an Olympic record of 486.78 points to claim the gold in the men's 10-meter synchro competition. Mexico's **Ivan Garcia Navarro** and **German Sanchez** (left)—aided greatly by a third-round inward 4-1/2 dive (never before done in Olympic competition) that gave them 95.94 points—earned the silver medal with 468.90 points. The U.S. duo of **David Boudia** and **Nicholas McCrory** (right) won the bronze medal with 463.47 points.







(Middle) Tunisia's **Ous Mellouli** (center), who won the men's 10K in 1:49:55.1, became the first swimmer to win medals in both pool and open water events at the same Olympics. Taking second (1:49:58.5) was Germany's **Thomas Lurz** (left), who improved on his third-place finish in 2008. Canada's **Richard Weinberger** (right) finished third in 1:50:00.3.

(Below) At the *Serpentine in Hyde Park* (left), Hungary's **Eva Risztov** (center)—who hadn't competed at an Olympics since 2004—held off a fast-charging **Haley Anderson** (left) from the United States to claim the women's 10K gold, 1:57:38.2 to 1:57:38.6. Italy's **Martina Grimaldi** (right) took the bronze medal (1:57:41.8).



PHOTO BY ANDREW P. SCOTT, USA TODAY SPORTS



PHOTO BY ANDREW P. SCOTT, USA TODAY SPORTS



(Right) **Heather Petri** (left) hugs teammate **Jessica Steffens** after the American team won the women's water polo gold medal. Petri and Brenda Villa finished their Olympic careers with a gold, two silver and a bronze medal, dating back to the 2000 Sydney Olympics.

(Middle) In the women's gold medal match, the **United States** led Spain 5-2 at the half and 7-2 after three quarters. Despite Spain scoring three goals in the final period, the United States prevailed, 8-5.

(Below) Croatia's **Miho Boskovic** (left) celebrates with **Paulo Obradovic** after scoring a goal during an 8-2 victory over the United States in the quarter-finals. Croatia defeated Italy 8-6 in the final to earn Croatia's first gold as an independent country. Their coach, Ratko Rudic, also guided Yugoslavia (1984-88) and Italy (1992) to gold medals.



[PHOTO BY ANDREW WEBER, US PRESSWIRE]



[PHOTO BY ANDREW WEBER, US PRESSWIRE]



[PHOTO BY ANDREW WEBER, US PRESSWIRE]





(Above) **Russia** (center) won its fourth straight Olympic gold medal in the synchro team competition, scoring 197.030 points. **China** (left) finished second (194.010), with **Spain** (right)—the silver medalists in 2008—taking third (193.120).

(Middle) Russia's **Natalia Ishchenko** (left) and **Svetlana Romashina** put together scores of 98.900 in their final routine and 98.200 in the technical prelim en route to their duet synchro victory. They also were part of Russia's gold medal synchro team in 2008.



[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]

(Bottom) With explosive power and superior technique, Russia's **Natalia Ishchenko** (left) and **Svetlana Romashina** captured the duet synchronized swimming gold medal with 197.100 points. The Spanish duo of Ona Carbonell and Andrea Fuentes tallied 192.100 for second, with Fuentes claiming her second straight silver medal in the event. China's Huang Xuechen and Liu Ou placed third (192.870).



[PHOTO BY ROB SCHUMACHER, USA TODAY SPORTS]



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# NAG RECORD

# SETTERS



PICTURED » (from left)  
Kanoa Kaleoaloha,  
Ryan Stack, Ka'ikena Naone  
and Kevin Frifeldt

## [statistics]

### • Team:

Kamehameha Swim Club  
Honolulu, Hawaii

### • National Age Group Record Holders:

15-16 Boys  
200 Meter Freestyle Relay

### • Birthdates:

**Kanoa Kaleoaloha:** Aug. 1, 1996  
**Ryan Stack:** May 24, 1996  
**Ka'ikena Naone:** Sept. 25, 1995  
**Kevin Frifeldt:** Nov. 6, 1996

### • Height:

**Kanoa:** 6-2    **Ryan:** 6-0  
**Ka'ikena:** 6-4    **Kevin:** 5-9

### • Coaches:

John Flanagan, Kevin Flanagan,  
as well as several other past and  
present Kamehameha coaches.

# KAMEHAMEHA SWIM CLUB

BY JUDY JACOB

**K**amehameha Swim Club's Kevin Frifeldt stepped up to the blocks, July 15, for the next-to-last event of the Hawaiian Age Group Championships: the 15-16 boys 200 meter freestyle relay. Ka'ikena Naone and Ryan Stack followed, with Kanoa Kaleoaloha anchoring the squad and finishing in 1:36.37.

Not only did they shatter the Hawaiian state record of 1:37.81—set in March by Kamehameha's Stack, Frifeldt, Naone and Jacob Urbano—but they also lowered the national age group record in that event! A team from Lake Oswego Swim Club had posted the previous mark of 1:37.12 in 2009. Kamehameha's time also ranked third as of late August on the 2011-12 NAG Top 10 list for 15-18-year-olds.

During the meet, the boys also lowered the Hawaiian state record in the 400 free relay to 3:38.35. The previous standard was 3:40.70 from 2009 by Kamehameha's Daren Choi, Jason Frifeldt, Evan Uy and Kacy Johnson.

The boys work out six days a week, with roughly two-and-a-half to three hours per day divided between dryland and swim training.

### HANG TIME:

**Kanoa:** "I love spending time with my family playing in the ocean."

**Ryan:** "Surf, hike, golf, paddle, sleep."

**Ka'ikena:** "New Hope Christian Fellowship youth group, spend time with family, lift weights, hunting (wild boar, Hawaiian style) and eating."

**Kevin:** "Hang out and chill with family and friends."

### FAVORITE THING ABOUT SWIMMING:

**Kanoa:** "It allows me the chance to be in the water and be free."

**Ryan:** "Friends made through swimming, not only in Hawaii but all over the country."

**Ka'ikena:** "You get out what you put in. Your pushing your body to the extreme without scales and gills is a great challenge."

**Kevin:** "The constant challenge of the sport; you can *always* get faster...somehow."

### SHORT-TERM GOALS:

**Kanoa:** "Break other national age group records."

**Ryan:** "Swim at a strong Division I college program."

**Ka'ikena:** "Break the individual Hawaii high school 50 yard free record and finish high school strong."

**Kevin:** "Qualify for winter nationals in the 100 fly."

### LONG-TERM GOALS:

**Kanoa:** "Represent Hawaii as a member of Team USA in the 2016 Olympics."

**Ryan:** "Swim in the Olympics."

**Ka'ikena:** "Get into a great college and swim and/or play water polo at a Division I school."

**Kevin:** "Swim for an NCAA Division I school in college." ♦



# American relay

BY JUDY JACOB

## COLORADO

The team race at the Western Zone Championships, Aug. 7-11, in Montrose was the closest among the five zone meets held this summer. Only 6-1/2 points separated champion Colorado Swimming from runner-up Pacific Swimming, 1,543 to 1,536.5. Snake River took third with 661 points.

Two individual Western Zone records fell, both in the 100 meter breast. Pacific Northwestern's **Ethan Dong** cruised to a 1:19.08 in 10-and-under boys, and **Alex Straw** from Snake River finished his 15-16 boys race in 1:07.14.

## INDIANA

Team Indiana battled it out with Ohio at the Central Zone Championships, Aug. 3-5, in Columbus, with Indiana winning, 3,771.5 to 3,692. Ozark Swimming finished third (2,526).

Missouri Valley's **Kelley Tackett** and **Michael Andrew**, competing in the 13-14 age group, won high-point awards, as did Midwestern's **Katie Stonehocker** (10-and-under girls) and **Olivia Calegan** (11-12 girls) and Ohio's **Carson Foster** (10-and-under boys) and **Joshua McDonald** (11-12 boys).

## TEXAS

Georgia's 875 points was good for first place at the Southern Zone Championships, July 31-Aug. 5, in Rockwall. Florida Swimming earned second (839.5), ahead of North Carolina (712.5).

Four swimmers lowered Southern Zone records in individual competition: **Sara Anya** from Gulf (13-14 boys 100 meter breast, 1:07.31); Florida Gold Coast's **Marta Ciesla** (13-14 girls 50 free, 26.76); **Derek Cox** from Georgia (13-14 boys 100 fly, 57.98); and Florida's **Kayla Moran** (15-18 girls 100 fly, 1:02.20).

## VIRGINIA

Led by individual record-setting swims from **Alessandro Boratto**, **Victoria Griffin**, **Coleman Stewart**, **Joey Tepper** and **Maddy Thomas**, Middle Atlantic Swimming claimed the combined team title at the Eastern Zone Championships, Aug. 8-11, in Richmond with 1,353.5 points. Potomac Valley took second (1,197), while Virginia came in third (845).

Griffin and Thomas took down Eastern Zone standards in 15-18 girls competition.

Griffin lowered the 100 meter free mark to 59.04, while Thomas bettered the 200 back standard with her 2:21.17. Tepper's 4:52.66 earned him the zone record in the 10-and-under boys 400 free. Boratto rewrote the record book with his 30.57 in the 11-12 boys 50 back. Stewart stopped the clock in 2:09.02 in the 13-14 boys 200 back.

## WISCONSIN

Scoring 5,728 points, Team Illinois dominated the competition at the Central Zone 14-and-Under Championships, Aug. 3-5, in Pleasant Prairie. Minnesota and Michigan finished second and third with 3,737 and 2,912 points, respectively.

**Samantha Lighty** of Illinois and **Forrest Frazier**, representing Iowa, were the 10-and-under high-point winners. **Michael Draves** from Wisconsin and Illinois' **Ethan Morse** tied for first in 11-12 boys, with **Ruby Martin** of Iowa taking the 11-12 girls award. **Alexis Preski** of Illinois and **Cameron Craig** of Michigan were tops in the 13-14 age group.

• • •

Ozaukee's **Katherine Drabot** and **Ryan Scripp**, representing Green Bay YMCA, were the top 13-14 swimmers at the Wisconsin 13-and-Over State Championships, Aug. 2-5, in Brown Deer. Claiming the 15-16 high-point awards were **Abby Jagdfeld** of Waukesha Express and **Nick Peterson** from Schroeder YMCA. Placing first in the 17-and-over division were Verona's **Sierra Kuhn** and McFarland's **Ryan O'Donnell**.

Waukesha Express dominated Division I competition, scoring 3,011 points to Southwest Aquatic Team's 1,982.5 and Ozaukee Aquatics' 1,616. Fox Valley Wave emerged as the top Division II squad with 791 points, ahead of Verona Aquatic Club (567.5) and Green Bay YMCA (548.5). ♦



ABOVE » WISCONSIN >> Waukesha Express Swim Team's Abby Jagdfeld earned the high-point trophy for 15-16 girls at the Wisconsin 13-and-Over State Championships, Aug. 2-5, in Brown Deer.

[PHOTO BY PETER H. BICK]





## AGE GROUP SWIMMER *of the* MONTH

Ten-year-old Carson Foster of the Cincinnati Marlins made waves when he shattered Michael Phelps' historic 10-and-under national age group record in the 100 meter fly at the Ohio Long Course Junior Olympics last July. He clocked 1:07.24, lowering Phelps' mark by 1.3 seconds. Earlier in the week, he became the youngest male to break 30 seconds in the 50 meter fly (29.91).

The 4-foot-11 dynamo will move to the 11-12 age group after his next birthday, Oct. 26. For Foster, that just means setting higher goals: "I would like to get my 100 fly sectional cut by age 12," he says. "I would also like to break some national records in the 11-12 age divisions."

Looking further into the future, Foster envisions himself on the Olympic stage: "I want to compete

in the Olympic Trials and represent the United States," he says.

Foster practices five to six times a week with the Marlins under coaches Sue and Ray House. For additional conditioning outside of the pool, he trains with Scott Goodpaster at Cincinnati Functional Fitness.

### QUICK FACTS: CARSON FOSTER

*Birthday:* Oct. 26, 2001

*Height:* 4-11

*Hang time:* Baseball, watching sports

*Before a race:* Stretch and think about goal time

*Between races at a meet:* Talk with friends and play on iPhone

*Favorite swim set:* 25 sprint, 10 seconds rest; 50 sprint, 10 seconds rest; 25 sprint

*Swimming idols:* Michael Phelps



### ■ ■ ■ CARSON FOSTER ■ ■ ■ AGE 10

*Cincinnati Marlins  
Cincinnati, Ohio*

and Ryan Lochte

*Favorite sports team:* Detroit Tigers (MLB)

*Fun fact:* "I can hold my breath underwater for one minute." ♦



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c = Commonwealth Record  
a = Asian Record  
f = African Record  
n = U.S. National Record

### WOMEN 50 FREE Aug. 4

- 24.05 R. Kromowidjojo, NED
- 24.28 A. Herasimienia, BLR
- 24.39 Marleen Veldhuis, NED
- 24.46 Britta Steffen, GER
- 24.47 Francesca Halsall, GBR
- 24.61 Therese Alshammar, SWE
- 24.62 Jessica Hardy, USA
- 24.69 A. Vanderpool-Wallace, BAH

### Semifinals Aug. 3

- 24.07 R. Kromowidjojo, NED
- 24.45 A. Herasimienia, BLR
- 24.50 Marleen Veldhuis, NED
- 24.57 Britta Steffen, GER
- 24.63 Francesca Halsall, GBR
- 24.64 A. Vanderpool-Wallace, BAH
- 24.68 Jessica Hardy, USA
- 24.71 Therese Alshammar, SWE
- 24.87 Amy Smith, GBR
- 24.94 Bronte Campbell, AUS
- 24.94 Anna Santamans, FRA
- 24.99 J. Ottesen Gray, DEN
- 25.01 Cate Campbell, AUS
- 25.08 Sarah Sjostrom, SWE
- 25.17 Victoria Poon, CAN
- 25.28 Theodora Drakou, GRE

### Prelims Aug. 3

- 24.51 R. Kromowidjojo, NED

- 24.57 Marleen Veldhuis, NED
- 24.61 Francesca Halsall, GBR
- 24.70 Britta Steffen, GER
- 24.76 A. Herasimienia, BLR
- 24.77 Therese Alshammar, SWE
- 24.75 J. Ottesen Gray, DEN
- 24.75 A. Vanderpool-Wallace, BAH
- 24.87 Bronte Campbell, AUS
- 24.94 Cate Campbell, AUS
- 24.94 Sarah Sjostrom, SWE
- 24.99 Jessica Hardy, USA
- 25.13 Theodora Drakou, GRE
- 25.15 Victoria Poon, CAN
- 25.23 Anna Santamans, FRA
- 25.26 Sarah Blake Bateman, ISL (Swimoff: 26.03)
- 25.26 Kara Lynn Joyce, USA (Swimoff: 25.16)
- 25.26 Amy Smith, GBR (Swimoff: 24.82)
- 25.33 Triin Aljand, EST
- 25.36 Sviatlana Khakhlova, BLR
- 25.40 Nery Njangkouara, GBR
- 25.44 Graciele Herrmann, BRA
- 25.47 Hayley Palmer, NZL
- 25.54 Pernille Blume, DEN
- 25.54 Zhu Qianwei, CHN
- 25.55 Ruta Meilutyte, LTU
- 25.55 Hanna-Maria Seppala, FIN
- 25.56 Arlene Semeco, VEN
- 25.58 Vanessa Garcia Vega, PUR
- 25.59 Anna Dowgiert, POL
- 25.60 Jolyon Sysmans, BEL
- 25.69 Erika Ferraioli, ITA
- 25.70 Darya Stepanyuk, UKR
- 25.72 Burcu Dolunay, TUR
- 25.73 Yaiyo Matsumoto, JPN
- 25.78 Trudi Maree, RSA
- 25.98 Ala Atkinson, JAM
- 26.07 Miroslava Syllabova, SLO
- 26.26 Gabriela Nikitina, LAT
- 26.34 Farida Osman, EGY
- 26.46 M. Najdanovski, SRB
- 26.62 Nicola Muscat, MLT
- 27.39 J. Teixeira Vieira, MOZ
- 27.54 Talita Baghla, JOR
- 27.74 Joyce Tafatatha, MAW
- 27.84 Judith Meaurio, PNG

- 27.92 Faye Sultan, KUW
- 28.06 Ann-Marie Hepler, MHL
- 28.25 Keesha Keane, PLW
- 28.26 Sabine Hazon, PLE
- 28.44 Jamila Lunkuse, UGA
- 29.28 Antoinette Moulofo, CMR
- 29.36 Celeste Brown, NZL
- 30.01 K. O'Reilly Clashing, ANT
- 30.32 Debra Daniel, FSM
- 30.44 Vitiny Hemthou, CAM
- 30.72 A. Agahozo, RWA
- 30.89 Nada Arakji, QAT
- 31.27 Katerina Izmaylova, TJK
- 31.36 Mariana Henriques, ANG
- 31.88 F. Samassekou, MLI
- 32.19 Angelika Ouedraogo, BUR
- 32.23 Aminath Shajan, MDV
- 32.41 Yanet Gebremedhin, ETH
- 33.09 Assita Toure, CIV
- 33.14 Elsie Uwamahoro, BDI
- 33.81 Sara Afifaj, BRN
- 34.84 Aminata Yacoub, CGO
- 35.07 Mhasin Fadlalla, SUD
- 37.29 Mafissalou Adamou, NIG
- 37.55 Adzo Kopsi, TOG
- 42.35 Massempe Theko, LES
- DNS Eszter Dara, HUN

### 100 FREE Aug. 2

- 53.00 R. Kromowidjojo, NED
- 53.38 A. Herasimienia, BLR
- 53.44 Tang Yi, CHN
- 53.47 Melanie Schlanger, AUS
- 53.64 Missy Franklin, USA
- 53.66 Francesca Halsall, GBR
- 53.76 J. Ottesen Gray, DEN
- 54.02 Jessica Hardy, USA

### Semifinals Aug. 1

- 53.05 R. Kromowidjojo, NED
- 53.38 Melanie Schlanger, AUS
- 53.59 Missy Franklin, USA
- 53.60 Tang Yi, CHN
- 53.77 Francesca Halsall, GBR
- 53.77 J. Ottesen Gray, DEN
- 53.78 A. Herasimienia, BLR
- 53.86 Jessica Hardy, USA
- 53.93 Sarah Sjostrom, SWE

- 54.12 A. Vanderpool-Wallace, BAH
- 54.13 Femke Heemskerk, NED
- 54.18 Britta Steffen, GER
- 54.25 Julia Wilkinson, CAN
- 54.28 Amy Smith, GBR
- 54.39 Daniela Schreiber, GER
- 54.59 Haruka Ueda, JPN

### Prelims Aug. 1

- 53.28 Tang Yi, CHN
- 53.50 Melanie Schlanger, AUS
- 53.51 J. Ottesen Gray, DEN
- 53.63 A. Herasimienia, BLR
- 53.66 R. Kromowidjojo, NED
- 53.73 A. Vanderpool-Wallace, BAH
- 54.02 Francesca Halsall, GBR
- 54.09 Jessica Hardy, USA
- 54.16 Julia Wilkinson, CAN
- 54.26 Missy Franklin, USA
- 54.26 Sarah Sjostrom, SWE
- 54.26 Haruka Ueda, JPN
- 54.37 Amy Smith, GBR
- 54.42 Britta Steffen, GER
- 54.43 Femke Heemskerk, NED
- 54.43 Daniela Schreiber, GER
- 54.66 Veronika Popova, RUS
- 54.93 Hanna-Maria Seppala, FIN
- 55.04 Pernille Blume, DEN
- 55.12 Charlotta Bonnet, FRA
- 55.33 Hannah Wilson, HKG
- 55.35 Burcu Dolunay, TUR
- 55.37 Eszter Dara, HUN
- 55.52 Nina Rangelova, BUL
- 55.71 Liliana Ibanez, MEX
- 55.94 Daynara Paula, BRA
- 56.13 Katarzyna Wilk, POL
- 56.21 Nastia Govejsek, SLO
- 56.33 Ruta Meilutyte, LTU
- 56.33 Mylene Ong, SIN
- 56.58 Katarina Filova, SVK
- 56.63 Nery Njangkouara, GRE
- 56.90 Arlene Semeco, VEN
- 57.13 Jasmine Alkhaldi, PHI
- 57.45 Megan Fonteno, ASA
- 57.45 M. Najdanovski, SRB
- 57.78 K. Torrez Guzman, B OL
- 58.29 Cielia Tini, ZAM
- 59.78 Bayan Jumah, SYR
- 59.86 Karen Schultz, PAR
- 1:01.82 Britany van Lange, GUY
- 1:02.39 Aina Flis Rabetsara, MAD
- 1:04.93 Reshika Udugampola, SRI
- 1:05.80 Magdalena Mosh, TAN
- 1:06.42 Mareme Faye, SEN
- 1:06.48 Shreya Dhal, NEP
- 1:14.40 Ayoubia Ali Sihame, COM
- DNS Cate Campbell, AUS
- DNS Therese Alshammar, SWE

- 2:02.39 Jordis Steinegger, AUT
- 2:02.49 N. Junkrajang, THA
- 2:03.55 Danielle Villars, SUI
- 2:04.21 H.-Maria Seppala, FIN
- 2:04.32 Joo Baek II, KOR
- 2:07.81 Heather Arseth, MRI
- 2:23.49 Aurelie Fanchette, SEY
- DNS Grainne Murphy, IRL
- DNS Femke Heemskerk, NED

### 400 FREE July 29

- 4:01.45 Camille Muffat, FRA
- 4:01.77n Allison Schmitt, USA (58.11, 1:59.88, 3:01.11)
- 4:03.01 Rebecca Adlington, GBR
- 4:03.98 Lotte Friis, DEN
- 4:04.50 Federica Pellegrini, ITA
- 4:05.95 Coralie Balmy, FRA
- 4:06.24 Brittany Maclean, CAN
- 4:06.25 Lauren Boyle, NZL

### Prelims July 29

- 4:03.29 Camille Muffat, FRA
- 4:03.31 Allison Schmitt, USA
- 4:03.56 Coralie Balmy, FRA
- 4:03.63 Lauren Boyle, NZL
- 4:04.22 Lotte Friis, DEN
- 4:05.06 Brittany Maclean, CAN
- 4:05.30 Federica Pellegrini, ITA
- 4:05.75 Rebecca Adlington, GBR
- 4:06.75 M. Costa Schmid, ESP
- 4:07.07 Chloe Sutton, USA
- 4:07.27 Kylie Palmer, AUS
- 4:07.99 Bronte Barratt, AUS
- 4:08.23 M. Belmonte Garcia, ESP
- 4:08.45 A. Pinto Perez, VEN
- 4:09.08 Eva Risztov, HUN
- 4:10.01 Boglarka Kapas, HUN
- 4:10.93 Savannah King, CAN
- 4:10.96 Li Xuanxu, CHN
- 4:11.43 Camelia Potec, ROU
- 4:11.50 Joanne Komarnyck, GBR
- 4:11.63 Wendy Trott, RSA
- 4:11.71 Nina Rangelova, BUL
- 4:12.02 Kristel Kobrich, CHI
- 4:12.19 Elena Sokolova, RUS
- 4:12.33 Aya Takano, JPN
- 4:12.99 Julia Hassler, LIE
- 4:14.76 Susana Escobar, MEX
- 4:16.45 N. Junkrajang, THA
- 4:18.64 Lynette Lim, SIN
- 4:19.07 Grainne Murphy, IRL
- 4:21.55 Mojea Sagmeister, SLO
- 4:24.18 Andrea Cedron, PER
- 4:43.46 Geaul Kim, KOR
- 5:40.29 Jennet Saryyeva, TKM

### 800 FREE Aug. 3

- 8:14.63n Katie Ledecky, USA (58.81, 1:59.95, 3:02.10, 4:04.34, 5:07.11, 6:10.02, 7:12.81, 8:14.63)
- 8:18.76 M. Belmonte Garcia, ESP
- 8:20.32 Rebecca Adlington, GBR
- 8:22.72 Lauren Boyle, NZL
- 8:23.86 Lotte Friis, DEN
- 8:23.89 Boglarka Kapas, HUN
- 8:29.26 Coralie Balmy, FRA
- 8:29.28 Andreina Pinto Perez, VEN

### Prelims Aug. 2

- 8:21.78 Rebecca Adlington, GBR
- 8:21.89 Lotte Friis, DEN
- 8:23.84 Katie Ledecky, USA
- 8:25.26 M. Belmonte Garcia, ESP
- 8:25.91 Lauren Boyle, NZL
- 8:26.43 Boglarka Kapas, HUN
- 8:26.43t Andreina Pinto Perez, VEN
- 8:27.15 Barbara Jardin, CAN
- 8:27.78 S. Cheverton, CAN
- 8:27.99 Erika Villacaja, ESP
- 8:28.11 Alex Komarnyck, CAN
- 8:28.98 Wendy Trott, RSA
- 8:29.06 Eva Risztov, HUN
- 8:29.55 Kristel Kobrich, CHI
- 8:29.72 Savannah King, CAN
- 8:33.97 Cecilia Biagioli, ARG
- 8:35.18 Julia Hassler, LIE
- 8:35.75 Kylie Palmer, AUS
- 8:35.88 Katya Bachrouche, LEB
- 8:37.21 Jess Ashwood, AUS
- 8:37.38 Kate Ziegler, USA
- 8:38.00 Ellie Faulkner, GBR
- 8:38.44 Camelia Potec, ROU
- 8:40.88 Xin Xin, CHN
- 8:42.82 Tjasa Oder, SLO
- 8:42.73 Elena Sokolova, RUS
- 8:44.44 Patricia Castaneda, MEX
- 8:45.41 Nina Dittrich, AUT
- 8:49.21 Samantha Arevalo, ECU
- 8:51.18 Cai Lin Khoo, MAS
- 8:52.92 Lynette Lim, SIN
- 8:57.26 Nakyaong Han, KOR
- 9:02.66 Pamela Benitez, ESA
- 9:23.21 D. van den Berg, ARG
- 9:28.41 Simona Marinova, MKD
- DNS Grainne Murphy, IRL

### 200 BACK Aug. 3

- 2:04.06w Missy Franklin, USA (29.53, 1:00.50, 1:32.16)
- 2:05.92 Anastasia Zueva, RUS
- 2:06.55 Elizabeth Beisel, USA
- 2:07.26 Elizabeth Simmonds, GBR
- 2:07.43 Meagen Nay, AUS
- 2:08.18 Kirsty Coventry, ZIM
- 2:08.43 Alexianne Castel, FRA
- 2:09.86 Sinead Russell, CAN

### Semifinals Aug. 2

- 2:06.18 Elizabeth Beisel, USA
- 2:06.84 Missy Franklin, USA
- 2:07.42 Meagen Nay, AUS
- 2:07.88 Anastasia Zueva, RUS
- 2:08.24 Alexianne Castel, FRA
- 2:08.32 Kirsty Coventry, ZIM
- 2:08.48 Elizabeth Simmonds, GBR
- 2:08.76 Sinead Russell, CAN
- 2:09.04 Stephanie Proud, GBR
- 2:09.35 Belinda Hocking, AUS
- 2:09.50 S. van Rouwendaal, NED
- 2:09.70 Daryna Zevina, UKR
- 2:09.88 Duane da Rocha, ESP
- 2:10.18 Simona Baumrtova, CZE
- 2:10.68 Jenny Mensing, GER
- 2:11.42 Karin Prinsloo, RSA

### Prelims Aug. 2

- 2:07.54 Missy Franklin, USA
- 2:07.82 Elizabeth Beisel, USA
- 2:08.14 Kirsty Coventry, ZIM
- 2:08.40 Meaga Ney, AUS
- 2:08.75 Belinda Hocking, AUS
- 2:08.92 Alexianne Castel, FRA
- 2:09.04 Anastasia Zueva, RUS
- 2:09.36 Daryna Zevina, UKR
- 2:09.72 Duane da Rocha, ESP
- 2:10.01 Stephanie Proud, GBR
- 2:10.30 Simona Baumrtova, CZE
- 2:10.34 Karin Prinsloo, RSA
- 2:10.37 Elizabeth Simmonds, GBR
- 2:10.54 Jenny Mensing, GER
- 2:10.60 S. van Rouwendaal, NED

### 100 BACK July 30

- 58.33n Missy Franklin, USA (28.82)
- 58.83a Aya Terakawa, JPN (28.96)
- 59.00 Anastasia Zueva, RUS


- 59.20 Gemma Spofforth, GBR
- 59.23 Zhao Jing, CHN
- 59.29 Belinda Hocking, AUS
- 1:00.50 Fu Yuanhui, CHN

### Semifinals July 29


- 58.39 Emily Seebohm, AUS
- 59.12 Missy Franklin, USA
- 59.34 Aya Terakawa, JPN
- 59.55 Zhao Jing, CHN
- 59.68 Anastasia Zueva, RUS
- 59.70 Gemma Spofforth, GBR
- 59.79 Belinda Hocking, AUS
- 59.82 Fu Yuanhui, CHN
- 59.91 Julia Wilkinson, CAN
- 1:00.02 Simona Baumrtova, CZE
- 1:00.04 Rachel Bootsma, USA
- 1:00.24 Alexianne Castel, FRA
- 1:00.27 Arianna Barbieri, ITA
- 1:00.39 Kirsty Coventry, ZIM
- 1:00.56 Georgia Davies, GBR
- 1:00.57 Sinead Russell, CAN

### Prelims July 29


- 58.23 Emily Seebohm, AUS
- 59.37 Missy Franklin, USA
- 59.61 Belinda Hocking, AUS
- 59.28 Aya Terakawa, JPN
- 59.88 Anastasia Zueva, RUS
- 59.92 Georgia Davies, GBR
- 59.94 Julia Wilkinson, CAN
- 59.96 Fu Yuanhui, CHN
- 59.97 Zhao Jing, CHN
- 59.99 Simona Baumrtova, CZE
- 1:00.03 Rachel Bootsma, USA
- 1:00.05 Gemma Spofforth, GBR
- 1:00.10 Sinead Russell, CAN
- 1:00.16 Alexianne Castel, FRA
- 1:00.24 Kirsty Coventry, ZIM
- 1:00.25 Arianna Barbieri, ITA
- 1:00.38 Mie Nielsen, DEN
- 1:00.57 Duane da Rocha, ESP
- 1:00.57 Daryna Zevina, UKR
- 1:00.72 S. van Rouwendaal, NED
- 1:00.71 Jenny Mensing, GER
- 1:01.03 Laure Manaudou, FRA
- 1:01.28 Maria Gonzalez, MEX
- 1:01.44 Fabiola Molina, PAR
- 1:01.40 Alicja Tchorz, POL
- 1:01.60 Li Tao, SMO
- 1:01.77 Elena Gemo, ITA
- 1:01.82 Carolina Colaninno, COL
- 1:01.91 Kimberly Buys, BEL
- 1:01.94 Melissa Ingram, NZL
- 1:02.30 Ekaterina Avramova, BUL
- 1:02.44 Eyglo Gustafsdottir, ISL
- 1:02.40 Melanie Nocher, IRL
- 1:02.68 Anja Carman, SLO
- 1:03.11 Therese Svendsen, SWE
- 1:03.38 Sanja Jovanovic, CRO
- 1:03.55 Eszter Povaszay, HUN
- 1:03.84 Yekaterina Rudenko, KAZ
- 1:04.31 Shun Au Ho, HKG
- 1:04.80 Hazai Sarikaya, TUR
- 1:06.38 Karen Vilorio, HON
- 1:07.72 Monica Ramirez, MDA
- 1:08.03 Ines Remersaro, URU
- 1:08.19 Anahit Barseghyan, ARM
- 1:10.79 Angelique Trinquier, MON



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- 1:53.61 Allison Schmitt, USA
- 1:55.58 Camille Muffat, FRA
- 1:55.81 Bronte Barratt, AUS
- 1:55.82 Missy Franklin, USA
- 1:56.73 Federica Pellegrini, ITA
- 1:57.25 Veronika Popova, RUS
- 1:57.60 Caitlin McClatchey, GBR
- 1:57.68 Kylie Palmer, AUS
- 1:56.08 Semifinals July 30
- 1:56.15 Bronte Barratt, AUS
- 1:56.18 Allison Schmitt, USA
- 1:56.18 Camille Muffat, FRA
- 1:56.67 Federica Pellegrini, ITA
- 1:56.84 Veronika Popova, RUS
- 1:57.33 Caitlin McClatchey, GBR
- 1:57.44 Kylie Palmer, AUS
- 1:57.57 Missy Franklin, USA
- 1:57.76 M. Costa Schmid, ESP
- 1:57.91 Barbara Jardin, CAN
- 1:57.98 S. Cheverton, CAN
- 1:58.12 Sarah Sjostrom, SWE
- 1:58.24 Silke Lippok, GER
- 1:58.47 Sara Isakovic, SLO
- 1:58.63 Wang Shijia, CHN
- 1:59.62 Hanae Ito, JPN
- 1:57.16 Prelims July 30
- 1:57.33 Allison Schmitt, USA
- 1:57.62 Missy Franklin, USA
- 1:57.79n M. Costa Schmid, ESP
- 1:57.92 Veronika Popova, RUS
- 1:57.92 Barbara Jardin, CAN
- 1:58.03 Caitlin McClatchey, GBR
- 1:58.03 Sarah Sjostrom, SWE
- 1:58.11 S. Cheverton, CAN
- 1:58.12 Bronte Barratt, AUS
- 1:58.16 Kylie Palmer, AUS
- 1:58.49 Camille Muffat, FRA
- 1:58.59 Silke Lippok, GER
- 1:58.73 Shijia Wang, CHN
- 1:58.93 Hanae Ito, JPN
- 1:58.96 Sara Isakovic, SLO
- 1:58.98 Rebecca Turner, GBR
- 1:59.15 O.-Cyrielle Etienne, FRA
- 1:59.21 Nina Rangelova, BUL
- 1:59.24 Karin Prinsloo, RSA
- 1:59.47 Song Wenyan, CHN
- 1:59.56 Agnes Mutina, HUN
- 1:59.92 Hang Yu Sze, HKG
- 2:00.91 Pernille Blume, DEN
- 2:01.15 Camelia Potec, ROU
- 2:01.36 Liliana Ibanez Lopez, MEX
- 2:01.97 Anna Stylianou, CYP
- 2:02.03 Katarina Filova, SVK





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MAKING TIME COUNT

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2:10.63 Melissa Ingram, NZL  
2:10.75 Hilary Caldwell, CAN  
2:11.26 Bai Anqi, CHN  
2:11.31 Evglo Gustafsdottir, ISL  
2:11.65 Miyu Otsuka, JPN  
2:12.14 Yao Yige, CHN  
2:12.40 Alessia Filippi, ITA  
2:12.75 Maria Gonzalez, MEX  
2:13.01 Anja Carman, SLO  
2:13.35 Thi Anh Vien Nguyen, VIE  
2:13.64 Carolina Colorado, COL  
2:13.89 Mie Nielsen, DEN  
2:14.02 Alicja Tchorz, POL  
2:14.29 Laura Manaudou, FRA  
2:15.30 Chan Mi Ham, KOR  
2:15.44 Ekaterina Avramova, BUL  
2:15.67 Kim Daniela Pavlin, CRO  
2:16.29 Melanie Nocher, IRL  
2:18.16 Dorina Szekeres, HUN  
2:18.47 Hoi Shun Au, HKG  
2:18.60 Yukluz Kucharova, UZB

**100 BREAST July 30**

1:05.47 Rula Meilutyte, LTU  
1:05.55 Rebecca Soni, USA  
1:06.46 Satomi Suzuki, JPN  
1:06.93 Alia Atkinson, JAM  
1:06.95 Leisel Jones, AUS  
1:06.96 Breeja Larson, USA  
1:06.98 Yuliya Efimova, RUS  
1:07.55 Rikke Pedersen, DEN

**Semifinals July 29**

1:05.21e Rula Meilutyte, LTU (30.55)  
1:05.98 Rebecca Soni, USA  
1:06.57 Yuliya Efimova, RUS  
1:06.70 Breeja Larson, USA  
1:06.81 Leisel Jones, AUS  
1:06.82 Rikke Pedersen, DEN  
1:07.10 Satomi Suzuki, JPN  
1:07.48t Alia Atkinson, JAM (Swimoff: 1:06.79)  
1:07.48t Tara Van Beilen, CAN (Swimoff: 1:07.73)  
1:07.57 Jennie Johansson, SWE  
1:07.66t Sarah Poewe, GER  
1:07.66t Suzaan van Biljon, RSA  
1:07.74 Leiston Pickett, AUS  
1:07.87 Jillian Tyler, CAN  
1:07.97 Zhao Jin, CHN  
1:08.26 Mina Matsushima, JPN

**Prelims July 29**

1:05.56 Rula Meilutyte, LTU  
1:05.75 Rebecca Soni, USA  
1:06.51 Yuliya Efimova, RUS  
1:06.58 Breeja Larson, USA  
1:06.98 Leisel Jones, AUS  
1:07.08 Satomi Suzuki, JPN  
1:07.12 Sarah Poewe, GER  
1:07.14 Jennie Johansson, SWE  
1:07.23 Rikke Pedersen, DEN  
1:07.39 Alia Atkinson, JAM  
1:07.41 Leiston Pickett, AUS  
1:07.54 Suzaan van Biljon, RSA  
1:07.68 Zhao Jin, CHN  
1:07.69 Mina Matsushima, JPN  
1:07.81 Jillian Tyler, CAN  
1:07.85 Tara van Beilen, CAN  
1:07.99 Liu Xiaoyu, CHN  
1:08.21 Sara El Bekri, MAR  
1:08.28 Jolie Hostman, SWE  
1:08.31 Moniek Nijhuis, NED  
1:08.32 S-Marie O'Connor, GBR  
1:08.43 Caroline Ruhna, GER  
1:08.44 Daria Deeva, RUS  
1:08.59 Petra Chocova, CZE  
1:08.64 Marina Garcia, ESP  
1:08.80 Sycerika McMahon, IRL  
1:08.83 Michela Guzzetti, ITA  
1:09.22 Kate Haywood, GBR  
1:09.43 D. Buse Gunaydin, TUR  
1:09.63 Tjasa Vozel, SLO  
1:09.65 Anna Sztankovics, HUN  
1:09.76 Fanny Babou, FRA  
1:09.79 Hyejin Kim, KOR  
1:09.92 Jenna Laukkanen, FIN  
1:10.62 Ana Rodrigues, POR  
1:11.12 Danielle Beaubrun, LCA  
1:11.23 Marila Liver, UKR  
1:11.28 I-Chuan Chen, TPE  
1:12.58 Concepcion Badillo, ESP  
1:13.30 Tatiana Chisca, MDA  
1:14.04 Ivana Ninkovic, BIH  
1:15.76 Pilar Shimizu, GUM  
1:16.33 Matelita Buadromo, FIJ  
1:25.52 O. Hatamkhanova, AZE  
1:27.17 Q. Gantumur, MGL  
1:38.54 Dede Camara, GUI

**200 BREAST Aug. 2**

2:19.59w Rebecca Soni, USA (32.49, 1:08.10, 1:43.95)  
2:20.72a Satomi Suzuki, JPN (32.53, 1:08.64, 1:44.67)  
2:20.92e Yuliya Efimova, RUS (33.43, 1:09.61, 1:45.43)  
2:21.65 Rikke Pedersen, DEN  
2:23.16 Martha McCabe, CAN  
2:23.27 Micah Lawrence, USA  
2:23.72 Suzaan van Biljon, RSA  
2:26.00 Sally Foster, AUS

**Semifinals Aug. 1**

2:20.00w Rebecca Soni, USA

2:22.23 (32.39, 1:07.82, 1:43.83)  
2:22.23 Rikke Pedersen, DEN  
2:22.40 Satomi Suzuki, JPN  
2:23.02 Yuliya Efimova, RUS  
2:23.21f Suzaan van Biljon, RSA (32.67, 1:09.12, 1:45.74)  
2:23.39 Micah Lawrence, USA  
2:24.09 Martha McCabe, CAN  
2:24.46 Sally Foster, AUS  
2:24.67 Suyeon Back, KOR  
2:24.77 Joline Hostman, SWE  
2:25.86 Sara El Bekri, MAR  
2:26.08 Anastasia Chaun, RUS  
2:27.28 Ji Liping, CHN  
2:27.32 Kanako Watanabe, JPN  
2:27.38 Tessia Wallace, AUS  
2:28.74 Darae Jeong, KOR

**Prelims Aug. 1**

2:21.40 Rebecca Soni, USA  
2:22.69 Rikke Pedersen, DEN  
2:23.22 Satomi Suzuki, JPN  
2:24.50 Micah Lawrence, USA  
2:25.39 Anastasia Chaun, RUS  
2:25.44 Joline Hostman, SWE  
2:25.76 Ji Liping, CHN  
2:25.76 Suyeon Back, KOR  
2:25.94 Suzaan van Biljon, RSA  
2:26.04 Sally Foster, AUS  
2:26.05 Sara El Bekri, MAR  
2:26.38 Kanako Watanabe, JPN  
2:26.39 Martha McCabe, CAN  
2:26.83t Yuliya Efimova, RUS  
2:26.83t Darae Jeong, KOR  
2:26.94 Tessia Wallace, AUS  
2:27.09 Stacey Tadd, GBR  
2:27.30 Fanny LeCluyse, BEL  
2:27.57 Marina Garcia, ESP  
2:27.70 Tera Van Bellen, CAN  
2:27.74 Chiara Boggialto, ITA  
2:27.90 Sara Nordenstam, NOR  
2:27.94 Sun Ye, CHN  
2:28.38 Nada Higl, SVK  
2:28.54 Martina Moravcikova, CZE  
2:28.77 Alia Atkinson, JAM  
2:29.60 H. Luthersdottir, ISL  
2:29.67 Anna Sztankovics, HUN  
2:30.84 D. Buse Gunaydin, TUR  
2:31.15 Sarra Lafnef, TUN  
2:31.23 Jenna Laukkanen, FIN  
2:32.19 Tanja Smid, SLO  
2:38.01 Dania Talanova, KGZ

**100 FLY July 29**

55.98w Dana Vollmer, USA (26.39)  
56.87 Lu Ying, CHN  
56.94 Alicia Coutts, AUS  
57.17 Sarah Sjostrom, SWE  
57.27 Ilaria Bianchi, ITA  
57.35 J. Ottesen Gray, DEN  
57.48 Claire Donahue, USA  
57.76 Ellen Gandy, GBR

**Semifinals July 28**

56.36 Dana Vollmer, USA  
56.85 Alicia Coutts, AUS  
57.25 J. Ottesen Gray, DEN  
57.27 Sarah Sjostrom, SWE  
57.42 Claire Donahue, USA  
57.51 Lu Ying, CHN  
57.66 Ellen Gandy, GBR  
57.79 Ilaria Bianchi, ITA  
58.04 Jiao Liuyang, CHN  
58.18 Tao Li, SIN  
58.26 Yuka Kato, JPN  
58.31 Kristel Vourna, GRE  
58.41 A. Herasimienia, BLR  
58.52 Francesca Halsall, GBR  
58.95 Martina Granstrom, SWE  
59.22 Katherine Savard, CAN

**Prelims July 28**

56.25 Dana Vollmer, USA  
57.17 Lu Ying, CHN  
57.36 Alicia Coutts, AUS  
57.45 Sarah Sjostrom, SWE  
57.64 J. Ottesen Gray, DEN  
57.71 Jiao Liuyang, CHN  
58.06 Claire Donahue, USA  
58.23 Francesca Halsall, GBR  
58.25 Ellen Gandy, GBR  
58.30 Inge Dekker, NED  
58.34 Li Tao, SIN  
58.42 Ilaria Bianchi, ITA  
58.50 A. Herasimienia, BLR  
58.70 Martina Granstrom, SWE  
58.72 Yuka Kato, JPN  
58.74 Kristel Vourna, GRE  
58.76 Katherine Savard, CAN  
58.78 Amit Ivry, ISR  
58.79 Irina Bepalova, RUS  
58.79 Kimberly Buys, BEL  
58.85 Alexandra Wenk, GER  
59.01 Ingvid Snildal, NOR  
59.06 Natsumi Hoshi, JPN  
59.17 Jessica Schipper, AUS  
59.31 Otylia Jedrzejczak, POL  
59.42t Danielle Villars, SUI  
59.48 Denisa Smolenova, SVK  
59.55 Emilia Pikkariainen, FIN  
59.59 Hannah Wilson, HKG  
59.86 Sara Isakovic, SLO  
59.87 Sarah Bateman, ISL  
1:00.14 Daynara Paula, BRA

1:00.34 Liliana Szilagyi, HUN  
1:00.43 Triin Aljand, EST  
1:00.44 Sara Oliveira, POR  
1:00.54 Birgit Koschischek, AUT  
1:01.14 Justine Bruno, FRA  
1:05.42 Dalia Torrez, NCA  
1:05.49 Noel Borschi, ALB  
1:05.78 Dorian McMenemy, DOM  
1:07.01 Marie Meza, CRC

**200 FLY Aug. 1**

2:04.06 Jiao Liuyang, CHN  
2:05.25 Mireia Belmonte, ESP  
2:05.48 Natsumi Hoshi, JPN  
2:05.78 Kathleen Hersey, USA  
2:06.78 Cammie Adams, USA  
2:06.80 Gemma Lowe, GBR  
2:07.33 Zsuzsanna Jakabos, HUN  
2:07.77 Liu Zige, CHN

**Semifinals July 31**

2:05.90 Kathleen Hersey, USA  
2:06.10 Jiao Liuyang, CHN  
2:06.37 Natsumi Hoshi, JPN  
2:06.62 Mireia Belmonte, ESP  
2:06.82 Zsuzsanna Jakabos, HUN  
2:06.99 Liu Zige, CHN  
2:07.33 Cammie Adams, USA  
2:07.37 Gemma Lowe, GBR  
2:07.69 Katinka Hosszu, HUN  
2:07.83 Martina Granstrom, SWE  
2:07.84 Anja Klinar, SLO  
2:08.00 Audrey Lacroix, CAN  
2:08.21 Jessica Schipper, AUS  
2:08.32 Hye Ra Choi, KOR  
2:08.96 Judit Ignacio, ESP  
2:13.09 Otylia Jedrzejczak, POL

**Prelims July 31**

2:06.41 Kathleen Hersey, USA  
2:07.15 Liuyang Jiao, CHN  
2:07.64 Gemma Lowe, GBR  
2:07.75 Katinka Hosszu, HUN  
2:07.79 Zsuzsanna Jakabos, HUN  
2:08.04 Natsumi Hoshi, JPN  
2:08.14 Judit Ignacio, ESP  
2:08.18 Cammie Adams, USA  
2:08.19 Mireia Belmonte, ESP  
2:08.45 Hye Ra Choi, KOR  
2:08.72 Liu Zige, CHN  
2:08.74 Jessica Schipper, AUS  
2:08.94 Martina Granstrom, SWE  
2:09.24 Anja Klinar, SLO  
2:09.25 Audrey Lacroix, CAN  
2:09.33 Otylia Jedrzejczak, POL  
2:09.92 Ellen Gandy, GBR  
2:10.99 Ingvid Snildal, NOR  
2:11.05 Katerine Savard, CAN  
2:11.07 Samantha Hamill, AUS  
2:11.10 Denisa Smolenova, SVK  
2:11.23 Andreina Pinto, VEN  
2:11.42 Rita Medrano, MEX  
2:11.54 Sara Oliveira, POR  
2:12.25 Martina van Berkel, SUI  
2:13.17 Joanna Melo, BRA  
2:14.29 Emilia Pikkariainen, FIN  
Wang-Jung Cheng, TPE

**200 IM July 31**

2:07.57 Ye Shiwen, CHN  
2:08.15 Alicia Coutts, AUS  
2:08.95 Caitlin Leverenz, USA  
2:09.55 Stephanie Rice, AUS  
2:09.83 Ariana Kukors, USA  
2:11.13 Kirsty Coventry, ZIM  
2:11.29 Hannah Miley, GBR  
2:14.19 Katinka Hosszu, HUN

**Semifinals July 30**

2:08.39 Ye Shiwen, CHN  
2:09.83 Alicia Coutts, AUS  
2:10.06 Caitlin Leverenz, USA  
2:10.08 Ariana Kukors, USA  
2:10.74 Katinka Hosszu, HUN  
2:10.80 Stephanie Rice, AUS  
2:10.89 Hannah Miley, GBR  
2:10.93 Kirsty Coventry, ZIM  
2:11.53 Evelyn Verraszto, HUN  
2:11.54 Mireia Belmonte, ESP  
2:12.69 Li Jiaying, CHN  
2:13.24 Theresa Michalak, GER  
2:13.31 Amit Ivry, ISR  
2:14.47 Izumi Kato, JPN  
2:14.74 Joanna Melo, BRA  
2:15.12 Beatriz Gomez, ESP

**Prelims July 30**

2:08.90 Ye Shiwen, CHN  
2:10.51 Kirsty Coventry, ZIM  
2:10.63 Caitlin Leverenz, USA  
2:10.68 Katinka Hosszu, HUN  
2:10.74 Alicia Coutts, AUS  
2:11.73 Mireia Belmonte, ESP  
2:11.94 Ariana Kukors, USA  
2:12.17 Evelyn Verraszto, HUN  
2:12.23 Stephanie Rice, AUS  
2:12.27 Hannah Miley, GBR  
2:12.75 Theresa Michalak, GER  
2:13.29 Amit Ivry, ISR  
2:13.43 Li Jiaying, CHN  
2:13.85 Izumi Kato, JPN  
2:13.93 Beatriz Gomez, ESP  
2:14.26 Joanna Melo, BRA  
2:14.32 Erica Morningstar, CAN

— continued on 74

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DNS	Daniila Izotov, RUS	<b>1500 FREE Aug. 4</b>	Sun Yang, CHN	55.99	I Gede Sudartawa, INA	1:58.83	Pedro Oliveira, POR	59.86	Ryo Tateishi, JPN	2:08.99	Scott Zellw, USA	
DNS	Dominik Kozma, HUN	14:31.02w	Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w	56.27	Bradley Ally, BAR	1:58.92	Mattson Lawson, AUS	59.89	Michael Jamieson, GBR	2:08.99	Kosuke Kitajima, JPN
DNS	Lu Zhiwu, CHN		Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w	56.56	Federico Grabich, ARG	1:59.00	C. Walker-Hebborn, GBR	59.93	Brendan Hansen, USA	2:09.11	Clark Burckle, USA
<b>200 FREE July 30</b>			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w	57.94	Heshan Unamboowe, SRI	1:59.49	Anton Anchin, RUS	59.96	Eric Shanteau, USA	2:09.13	Clark Burckle, JPN
1:43.14	Yannick Agnel, FRA		Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w	58.77	Zane Jordan, ZAM	1:59.52	Benjamin Stasiulis, FRA	59.99	Fabio Scozzoli, ITA	2:09.31	Brenton Rickard, AUS
1:44.93t	Taehwan Park, KOR		Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w			2:00.01	Darren Murray, SIA	1:00.04	Craig Benson, GBR	2:09.77	V. Sinkevich, BRA
1:44.93t	Sun Yang, CHN	14:39.63	Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w			2:00.02	Aschwin Wildeboer, ESP	1:00.07	Brenton Rickard, AUS	2:09.90	V. Sinkevich, RUS
1:45.04	Ryan Lochte, USA	14:40.31	Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w			2:00.05	Pedro Medel, CUB	1:00.38	Felipe Silva, BRA	2:09.95	Giedrius Titenis, LTU
1:45.53	Paul Biedermann, GER	14:50.61	Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w			2:00.26	Xu Jiayu, CHN	1:00.57	Felipe Lima, BRA	2:10.50	Christian von Lehn, GER
1:46.53	Robbie Renwick, GBR	14:51.92	Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w			2:00.54	Gareth Kean, NZL	1:00.59	G. Perez-Dortona, FRA	2:10.73	Marco Koch, GER
1:46.93	T. Fraser-Holmes, AUS	14:52.99	Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w			2:00.78	Oleksandr Isakov, UKR	1:00.77	Damir Dugonjic, SLO	2:11.14	Glenn Snyders, AUS
1:47.75	Daniila Izotov, RUS	14:54.32	Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w			2:01.50	Hyoung Jo Park, KOR	1:00.96	L. Stekelburg, NED	2:11.17	Laurent Carnol, LUX
		15:00.76	Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w			2:01.68	Derya Buyukuncu, TUR	1:01.00	Hendrik Feldwehr, GER		Scott Dickens, CAN
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w			2:02.91	Sebastian Stoss, AUT	1:01.20	Panagiotis Samilidis, GRE		
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w			2:03.45	Zheng Wen Quah, SIN	1:01.27	Valeri Dymo, UKR	2:08.71	Daniel Gyurta, HUN
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:01.27	Mattia Pesce, ITA	2:08.98	Michael Jamieson, GBR
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:01.40	Carlos Almeida, POR	2:09.36	Andrew Willis, GBR
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:01.46	Laurent Carnol, LUX	2:09.37	Ryo Tateishi, JPN
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:01.47	Roman Sludnov, RUS	2:09.43	Kosuke Kitajima, JPN
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:01.47	Li Xiayan, CHN	2:09.55	Clark Burckle, USA
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:01.55	Martin Llivamayi, EST	2:09.67	Scott Zellw, USA
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:01.57	Barry Murphy, IRL	2:10.36	Giedrius Titenis, LTU
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:01.57	Caba Siladi, SRB	2:10.48	V. Sinkevich, RUS
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:01.95	Imri Ganiel, ISR	2:10.55	Glenn Snyders, NZL
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:02.07	David Szulich, POL	2:10.61	Marco Koch, GER
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:02.15	Vladislav Poltyakov, KAZ	2:10.83	Laurent Carnol, LUX
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:02.18	Edgar Crespo, PAN	2:10.95	Scott Dickens, CAN
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:02.65	Malik Fall, SEN	2:11.05	Tales Cerdeira, BRA
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:02.93	Dragos Agache, ROU	2:11.41	Brenton Rickard, AUS
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:02.93	Adalberto, SYR	2:11.66	Christian von Lehn, GER
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:03.48	Azad Albarazi, SYR	2:11.81	Matti Mattsson, FIN
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:03.57	Abdullah Artiomov, MDA	2:12.02	L. Stekelburg, NED
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:03.65	Amini Fonua, TGA	2:12.05	Henrique Barbosa, BRA
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:05.26	Mubarak Al Beshar, UAE	2:12.42	Akos Molnar, HUN
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:05.55	Diguan Pigot, SUR	2:12.51	Slawomir Kuczko, POL
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w					1:07.06	Wael Koubrosli, LIB	2:12.61	Igor Borysik, UKR
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w							2:13.40	Tomas Kloubnic, SVK
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w							2:13.49	Yannick Kaeser, SUI
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w							2:13.57	Kyuwoong Choi, KOR
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w							2:14.16	Christian Schurr, MEX
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w							2:14.82	Panagiotis Samilidis, GRE
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w							2:15.86	Irakli Bolkvadze, GEO
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w							2:15.98	Hunor Mate, AUT
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w							2:16.07	Nuttapong Ketin, THA
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w							2:16.72	Jakob Sveinsson, ISL
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w							2:17.92	Dimitri Alexandrov, KGZ
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w							2:19.83	Cheng Chen, CHN
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w							2:19.83	T. Ramanantsoa, MAD
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:48.15, 6:46.74, 7:45.45, 8:44.32, 9:43.10, 10:41.73, 11:40.64, 12:39.00, 13:37.53, 14:31.02w								
			Sun Yang, CHN	55.80, 1:54.31, 2:52.63, 3:51.50, 4:49.62, 5:								



51.44t	Evgeny Korotyskhin,RUS
51.44t	Chad le Clos, RSA
51.81t	Milorad Cavic, SRB
51.81t	Steffen Deibler, GER
51.82	Joeri Verlinden, NED
51.88	Tyler McGill, USA
52.05	Konrad Czerniak, POL

**Semifinals Aug. 2**

50.86	Michael Phelps, USA
51.42	Chad le Clos, RSA
51.61	Tyler McGill, USA
51.66	Milorad Cavic, SRB
51.75	Joeri Verlinden, NED
51.78	Konrad Czerniak, POL
51.85	Evgeny Korotyskhin,RUS
51.99	Dinko Jukic, AUT
52.03	Nikolay Skvortsov, RUS
52.11	Chris Wright, AUS
52.16	Jason Dunford, KEN
52.30	Zhou Jiawei, CHN
52.40t	Bence Biczó, HUN
52.40t	Benjamin Starke, GER
52.71	Francois Heersbrandt,BEL

**Prelims Aug. 2**

51.54	Chad le Clos, RSA
51.72	Michael Phelps, USA
51.84	Evgeny Korotyskhin,RUS
51.85	Konrad Czerniak, POL
51.90	Milorad Cavic, SRB
51.92	Steffen Deibler, GER
51.95	Tyler McGill, USA
52.06	Zhou Jiawei, CHN
52.07	Joeri Verlinden, NED
52.11	Chris Wright, AUS
52.12	Nikolay Skvortsov, RUS
52.19	Bence Biczó, HUN
52.21	Francois Heersbrandt,BEL
52.22t	Dinko Jukic, AUT
52.23	Jason Dunford, KEN
52.36t	Benjamin Starke, GER
52.36t	Takeshi Matsuda, JPN

52.40	(scratched swimoff)
52.40	Ivan Lender, SRB
52.44	Peter Mankoc, SLO
52.47	Lars Frolander, SWE
52.49	Takuro Fujii, JPN
52.50	Matteo Rivolta, ITA
52.52	Jayden Hadler, AUS
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52.69	Gyuchoel Chang, KOR
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53.65	Benjamin Hockin, PAR
53.76	Daniel Bell, NZL
53.86	Yevgeniy Lazuka, AZE
54.17	Vytautas Janusaitis, LTU
54.20	Stefanos Dimitriadis,GRE
56.99	El-Gadi Sofyan, LBA
1:00.71	Mohanad Al-Azzawi,Iraq
1:04.05	Khalid Alibabaa, BRN

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54.17	Vytautas Janusaitis, LTU
54.20	Stefanos Dimitriadis,GRE
56.99	El-Gadi Sofyan, LBA
1:00.71	Mohanad Al-Azzawi,Iraq
1:04.05	Khalid Alibabaa, BRN

1:56.51	Bence Biczó, HUN
1:56.69	Chris Wright, AUS
1:56.76	Nikolay Skvortsov, RUS
1:56.97	Ioannis Drymonakos,GRE
1:56.99t	Kaio Almeida, BRA
1:56.99t	Joe Roebuck, GBR
1:57.07	Marcin Cieslak, POL
1:57.55	Roberto Pavoni, GBR
1:58.03	Leonardo Deus, BRA
1:58.45	Pedro Oliveira, POR
1:58.79	Stefanos Dimitriadis,GRE
1:58.99	Robert Zbogvar, SLO
1:59.02	Mauricio Fiol, PER
1:59.18	Joseph Schooling, SIN
1:59.31	Marcos Lavado, VEN
1:59.65	Ilyia Chuyev, UKR
1:59.67	Alexandru Coci, ROU
1:59.81	Chi-Chieh Hsu, TPE
1:59.87	David Sharpe, CAN
1:59.98	Gal Nevo, ISR
2:00.13	Alexandre Liesis, SUI
2:02.02	Omar Pinzon, COL
2:04.72	Diego Castillo, PAN
2:05.41	Yousef Alaskari, KUW
2:06.37	Haciane Hocine, AND

**200 IM Aug. 2**

1:54.27	Michael Phelps, USA
1:54.90	Ryan Lochte, USA
1:56.22	Laszlo Cseh, HUN
1:56.74	Thiago Pereira, BRA
1:57.35	Kosuke Hagino, JPN
1:58.53	Ken Takakuwa, JPN
1:59.05	James Goddard, GBR
1:59.10	Markus Deibler, GER

**400 MR Aug. 4**

3:29.35	United States
3:31.26	Japan
3:31.58	Australia
3:32.32	Great Britain
3:33.02	Hungary
3:33.06	Germany
3:33.46	Netherlands
3:34.19	Canada

1:56.13	Ryan Lochte, USA
1:56.74	Laszlo Cseh, HUN
1:57.11	Michael Phelps, USA
1:57.45	Thiago Pereira, BRA
1:57.95	Kosuke Hagino, JPN
1:58.31	Ken Takakuwa, JPN
1:58.49t	James Goddard, GBR
1:58.49t	Chad le Clos, RSA
1:58.49t	(scratched swimoff)
1:58.88	Markus Deibler, GER
1:59.17	Gal Nevo, ISR
1:59.57	Joe Roebuck, GBR
1:59.58	Henrique Rodrigues,BRA
2:00.13	Vytautas Janusaitis, LTU
2:00.46	Daniel Tranter, AUS
2:01.58	Andrew Ford, CAN
DQ	Markus Rogan, AUT

1:56.13	Ryan Lochte, USA
1:56.74	Laszlo Cseh, HUN
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1:58.49t	Chad le Clos, RSA
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1:59.57	Joe Roebuck, GBR
1:59.58	Henrique Rodrigues,BRA
2:00.13	Vytautas Janusaitis, LTU
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2:00.13	Vytautas Janusaitis, LTU
2:00.46	Daniel Tranter, AUS
2:01.58	



# November Calendar

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## NOVEMBER

- 2 **Sunrise, FL**  
Broward Sizzler  
coachsun1@aol.com
- 2-3 **Eaton, CO**  
Eaton Fall Festival  
redwavemeets@q.com
- 2-3 **North Vernon, IN**  
JCSB Veteran Salute Invite  
theboskie@hotmail.com
- 2-4 **Vallejo, CA**  
VJO "C-B-A+"  
johnyee@mac.com
- 2-4 **Englewood, CO**  
ACES Fall Open  
303-741-1733
- 2-4 **Fort Lauderdale, FL**  
Broward Sizzler/Area 2 Dev.  
canderson@swim4comets.com
- 2-4 **Miami, FL**  
FGC Area 3 Developmental  
coachjohn@swimneptunes.com
- 2-4 **Carrollton, GA**  
CBF Fall Classic  
blufins1@gmail.com
- 2-4 **Crawfordsville, IN**  
SCSC Pumpkin Paddle  
sdowd@cville.k12.in.us
- 2-4 **Highland, IN**  
HHSC Pilgrim Plunge  
meetchair@highlandhurricanes.net
- 2-4 **Indianapolis, IN**  
CSC Fall Frenzy  
carmelswimclub@aol.com
- 2-4 **Noblesville, IN**  
NOB Ice Breaker  
ed.parrish1@gmail.com
- 2-4 **Wichita, KS**  
WSC Legends Invitational  
todd@wichitaswimclub.org
- 2-4 **Independence, MO**  
TST Fall Roundup  
coachtmk@gmail.com
- 2-4 **McMinnville, OR**  
McSwimville Invitational  
murilousa@hotmail.com
- 3 **Muncie, IN**  
DAC Dacktackular  
bosner@gmail.com
- 3 **Oregon, WI**  
OCSC Open, scm  
swimmingprzbyls@yaho.com
- 3-4 **Morgan Hill, CA**  
QSS "C-B-A+"  
dchapman@ascr.org
- 3-4 **Pleasanton, CA**  
PLS "C-B-A+"  
simonylee@yahoo.com
- 3-4 **Montrose, CO**  
Montrose Fall Open  
montrosemarlins@gmail.com
- 3-4 **Fort Lauderdale, FL**  
FGC Invitational  
ddillon@flaswim.com

- 3-4 **Miami, FL**  
FGC Invitational  
maccoach27@aol.com
- 3-4 **Gainesville, GA**  
LA Annual Fall Invitational  
jimyoung1@mindspring.com
- 3-4 **Columbus, IN**  
WTSC November Sprints  
entrychair@donnerswimclub.org
- 3-4 **Jeffersonville, IN**  
PACE Polar Bear Plunge  
coachkgast@att.net
- 3-4 **Mishawaka, IN**  
DON November Invitational  
lisamborhoff@gmail.com
- 3-4 **Tell City, IN**  
TCSC Wet Turkey Invite  
blackhawk696@gmail.com
- 3-4 **Albany, OR**  
Albany Memorial Invite  
meetchair@albanyaquaticassoc.com
- 4 **North Palm Beach, FL**  
FGC Area 1 Developmental  
npbcoach4@aol.com
- 4 **Pleasant Prairie, WI**  
SEA "A-BB-B-C"  
iiverson@wi.rr.com
- 4 **Waukesha, WI**  
WEST State/  
Non-State Meet  
michael@waukeshaexpress.org
- 9-11 **Concord, CA**  
TERA Senior III T&F  
terameetdirector@gmail.com
- 9-11 **Rohnert Park, CA**  
QUIK "C-B-A"  
quilmama@sbcglobal.net
- 9-11 **Arvada, CO**  
North Jeffco  
Pineapple Open  
kandc30@aol.com
- 9-11 **Colorado Springs, CO**  
CMA Short Course Invite  
josephbnovak@msn.com
- 9-11 **Loveland, CO**  
Loveland Fall Open  
970-203-1374
- 9-11 **Atlanta, GA**  
CAD Luqman El Amin  
jack9687@bellsouth.net
- 9-11 **Marietta, GA**  
RAYS IMX Invitational  
iangoss@bellsouth.net
- 9-11 **Greenwood, IN**  
GRE Fall Frenzy  
greenwoodaquatics@gmail.com
- 9-11 **Munster, IN**  
MSC SYOA Invitational  
ljwulf@comcast.net
- 9-11 **Gladstone, MO**  
KCSA Eryn Baird  
Splashdown  
swimacademy@tmo.blackberry.net

- 9-11 **Carson City, NV**  
CARS Open  
tsmeetdirector@gmail.com
- 9-11 **Portland, OR**  
PAC Fall Invitational  
momterry@rocketmail.com
- 10 **New Castle, IN**  
NCSC Fall Invitational  
jklesik@ncsc.k12.in.us
- 10 **Fort Atkinson, WI**  
FAST Open  
psefoster@yahoo.com
- 10-11 **Longwood, FL**  
PA AG/SR/TF Open  
407-862-2207
- 10-11 **Pompano Beach, FL**  
FGC Invitational  
jvassallo@pompanopiranhas.com
- 10-11 **Aurora, IN**  
SDS Fall Splash  
sgiesting@gmail.com
- 10-11 **Middlebury, IN**  
NASA Sprint Meet Plus  
inbridge115@cs.com
- 10-11 **Napanea, IN**  
PAC Sharkfest  
plysharkbites@gmail.com
- 10-11 **Hutchinson, KS**  
HYSC YMCA Fall Classic  
hysc@hutchymca.org
- 10-11 **Lincoln City, OR**  
Pumpkin Sprint Invite, scm  
lippyy@hotmail.com
- 10-11 **Oregon City, OR**  
Fall Sprint Invite, scm  
ocst.coach@gmail.com
- 10-11 **St. Helens, OR**  
Artman Memorial Invite  
plahnj@hotmail.com
- 10-11 **Green Bay, WI**  
HSSB Invitational  
dmzberbel@new.rr.com
- 10-11 **Waunakee, WI**  
WAUN SYOA  
jill.maxfield@waunakeewave.org
- 11 **Middleton, WI**  
YDC Open  
shane.ryan@ymcadanecounty.org
- 11 **Whitewater, WI**  
JHAWK College Days  
j.hawkswim@charter.net
- 15-18 **Plantation, FL**  
FGC Winter  
Championships  
jimmysp@atol.com
- 16-17 **Connersville, IN**  
CAST Turkey Trot  
metcalfetara@yahoo.com
- 16-18 **Walnut Creek, CA**  
WCAB "B-A"  
aquabears@gmail.com
- 16-18 **Clearwater, FL**  
CAT AG/SR/TF Open  
727-791-9542
- 16-18 **Jacksonville, FL**  
BSS AG/SR/TF Open  
904-708-9052
- 16-18 **Palm City, FL**  
TCA AG/SR/TF Open  
772-678-6061
- 16-18 **Sarasota, FL**  
SYS AG/SR/TF Open  
941-922-9622

- 16-18 **Chamblee, GA**  
DYNA Woodie B. Malone  
amanda@dynamoswimclub.com
- 16-18 **Crown Point, IN**  
CPSC SYOA Fall Invite  
coach.john@sbcglobal.net
- 16-18 **Fort Wayne, IN**  
SWAC Odd Ages  
Rule Meet  
coachenglehart@gmail.com
- 16-18 **Georgetown, IN**  
RAC Turkey Classic  
kcollings1@sbcglobal.net
- 16-18 **Indianapolis, IN**  
WTSC Holiday Champs.  
ajfhrs@comcast.net
- 16-18 **Columbia, MO**  
CSC Jim Devine  
Invitational  
csccoachphil@yahoo.com
- 16-18 **Brown Deer, WI**  
LAKE Prelim/Final Invite  
lakecountryswim@sbcglobal.net
- 16-18 **Oskosh, WI**  
OSHY Open  
davidmail@oskoshymca.org
- 16-18 **Pleasant Prairie, WI**  
PX3 "A-BB-B-C"  
dduchene@kenoshacbv.com
- 17 **Converse, IN**  
OAK Eagle Invitational  
tmiller7700@yahoo.com
- 17 **Bend, OR**  
Hi Desert Classic  
aquaman@coinet.com
- 17 **Canby, OR**  
Canby Mile Open  
hestershelly@canby.com
- 17 **Eugene, OR**  
Marta Hogard Invitational  
jfellows@yahoo.com
- 17-18 **Atherton, CA**  
SOLO "C-B-A+"  
seantimonhoran@gmail.com
- 17-18 **Fort Bragg, CA**  
MCSD Thanksgiving  
Classic  
dhutchin22@gtmail.com
- 17-18 **Morgan Hill, CA**  
Zone 1 South Race to Jos  
gilroygatorsswimteam@yahoo.com
- 17-18 **San Jose, CA**  
Zone 1 South Race to Jos  
ospremom@me.com
- 17-18 **Saratoga, CA**  
DACA "C-B-A+"  
annie@daca.org
- 17-18 **Colorado Springs, CO**  
Falcons Brute Squad Open  
rosenyderconsulting@yahoo.com
- 17-18 **Greenwood Springs, CO**  
Sopris Deep Freeze Invite  
liquidcoach@gmail.com
- 17-18 **Thornton, CO**  
CUDA Pentathlon  
coachandrew@teamcudas
- 17-18 **St. Petersburg, FL**  
SPA AG/SR/TF open  
727-471-8896

- 17-18 **Jonesboro, GA**  
TARA John Bowles Invite  
denisbyrd@hotmail.com
- 17-18 **Indianapolis, IN**  
BBSC IMX Challenge  
we4watsons@sbcglobal.net
- 17-18 **St. Leon, IN**  
ECST Turkey Trot Invite  
bsloveles@sunmandearborn.k12.in.us
- 17-18 **Emporia, KS**  
EAC Last Chance  
metzphil71@hotmail.com
- 17-18 **Woodburn, OR**  
Thanksgiving Invitational  
coachzell@wbst.org
- 17-18 **McFarland, WI**  
MSS Open, scm  
mssmeetdirector@yahoo.com
- 22-25 **Chartres, FRA**  
European Short Course  
Championships
- 24 **Pueblo, CO**  
PCST Fall Sprints  
jortese61@yahoo.com
- 24 **Tampa, FL**  
CVSWT AG/SR/TF Invite  
813-961-1368
- 25 **Castle Rock, CO**  
Thanksgiving at the ROCK  
mike@mikenovell.com
- 29-1 **Austin, TX**  
AT&T Winter Nationals, scy  
719-866-4578
- 30-2 **Morgan Hill, CA**  
Pacific Junior Olympics  
meetchair@morganhillmakos.com
- 30-2 **Denver, CO**  
CSI Pioneer Open  
303-871-4484
- 30-2 **Gainesville, FL**  
GSC AG/SR TF Open  
352-375-4688/4595
- 30-2 **Gainesville, GA**  
LA Annual Winter Invite  
jimyoung1@mindspring.com

- 30-2 **Marietta, GA**  
LINS Invitational  
jim@mariettamarlins.com
  - 30-2 **Marietta, GA**  
TWS Invitational  
jim\_mcginnis@bellsouth.net
  - 30-2 **Corvallis, OR**  
Salbasgeon Suites CAT  
Senior Open  
catmeetdirector@gmail.com
  - 30-2 **Forest Grove, OR**  
Thanksgiving Invitational  
fgscmeetmgr@yahoo.com
  - 30-2 **Madison, WI**  
BAC "A-B-BB-Open"  
swimbac@gmail.com
  - 30-2 **Pleasant Prairie, WI**  
SEA "A-BB-B-C"  
iiverson@wi.rr.com
- ## MASTERS NOVEMBER
- 1-30 **Postal Swim**  
DAM Brute Squad Postal  
karencharney@earthlink.net
  - 3 **Oklahoma City, OK**  
Lighthouse Swim Meet  
filtercam1@gmail.com
  - 3 **Virginia Beach, VA**  
32nd VMST Fall Meet  
durrant6@cox.net
  - 4 **Mission Viejo, CA**  
MVN SCM Swim Meet  
m.w.moore@cox.net
  - 4 **Oneonta, NY**  
40th Leatherstocking  
Masters  
pwindrath@stny.rr.com
  - 10 **Indianapolis, IN**  
2nd Uindy Masters  
ginkead@uindy.edu
  - 10-11 **Sarasota, FL**  
Shark Tank SCM  
jame180@hotmail.com
  - 18 **Woodland Hills, CA**  
Turkey Shoot SCM  
swamfred@aol.com

## THIS Month IN SWIMMING

Sponsored by:  
THE INTERNATIONAL  
SWIMMING HALL OF FAME



## October

On Oct. 17, 1956, USA's George Breen (1975 ISHOF Honor Swimmer) shattered the world record in the 800 meter freestyle by 13.1 seconds with a 9:19.2 at the AAU Indoor Championships in New Haven, Conn. Two months later, he set another WR, this time in the 1500 prelims at the Melbourne Olympics (17:52.9). However, he finished third in finals (18:08.2), behind Australia's Murray Rose (17:58.9) and Japan's Tsuyoshi Yamanaka (18:00.3). At the 1956 and 1960 Olympics, Breen, who went on to enjoy a distinguished coaching career, earned four medals—three individual bronze and a silver in the men's 800 FR (56).







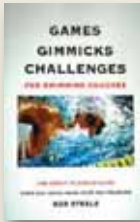
### BOOKS

#### Games Gimmicks Challenges

By Bob Steele

The pages in this book will challenge, stimulate, educate, entertain and prepare your swimmers.

**\$29.99**



#### ... And Then They Won Gold

By Chuck Warner

Want to know how to make an Olympic Champion? Start here...

**\$25.95**



#### The Underwater Window

By Dan Stephenson

Two swimmers, close friends and arch-rivals, chase after the same Olympic gold medal.

**\$13.99**

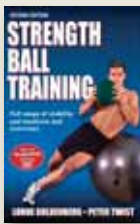


#### Strength Ball Training

By Lorne Goldenberg & Peter Twist

Develop strength, core stability, coordination, & balance.

**\$20.95**



#### The Swim Coaching Bible Set

By Dick Hannula & Nort Thornton

This book offers you an all-star cast of experts sharing their knowledge.

**\$43.90**



#### The Ultimate Guide to Weight Training for Swimming

By Robert G. Price

A comprehensive guide on specific training techniques.

**\$19.00**



### DVDs

#### Swimming in Australia: Sprint Freestyle

Stephan Widmer's technical knowledge and scientific approach to coaching is responsible for Libby Trickett.

**\$40.99**



#### Swimming Faster: Butterfly

Coach Marsh looks at the full butterfly stroke and follows with a brief on-deck teaching discussion.

**\$39.99**



#### 2008 Beijing Games Opening Ceremony

This set is your opportunity to once again witness the most memorable Opening Ceremony in Olympic history.

**\$26.98**



#### The Race Cluc: The Fundamentals of Fast Swimming

The Fundamentals of Fast Swimming reduces the complex laws that govern stroke techniques.

**\$39.99**



#### Med Ball Madness

This DVD contains 67 different exercises to enhance athletic performance.

**\$39.99**



#### Cut to the Core: Strengthening The Core

Cut to the Core! provides 75 core strength training exercises designed to maximize core strength.

**\$39.99**



### PRODUCTS

#### Safe Swimmer Float

The Safe Swimmer Float is a lightweight inflatable device that visibly floats behind a swimmer in open bodies of water.

**\$34.95**



#### FINIS Circuit Trainer

The FINIS Circuit Trainer is an indispensable training tool with an audio based timing device for organization.

**\$15.99**



#### SportCount Mio Drive Heart Rate Monitor

The Mio Drive is an ECG-accurate heart rate monitor that allows you to optimize your workout.

**\$79.95**



#### FINIS Agility Paddles

The FINIS Agility Paddles have a strapless design that teaches swimmers the correct palm position for every stroke.

**\$19.99**



#### FINIS ROM Strap

The FINIS ROM Strap is designed to help stretch the arms, shoulders, shoulder blades, upper torso and rib cage.

**\$15.99**



#### A3 Team Backpack & Mesh Bag Combo

The A3 backpack and mesh bag combo can hold everything you need for practice & meets!

**\$48.00**



### COMBO PACKS



#### Fast Lane DVD Series

Frank Busch's DVD series is undoubtedly the most comprehensive information-packed swimming instructional product available.

**\$239.99**



#### Gettin' Better with David Marsh

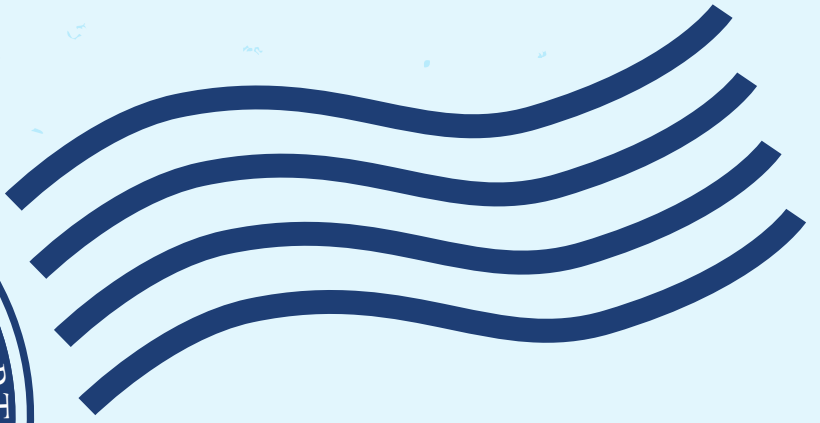
David Marsh is the master at finding ways to help his swimmers go faster, he proves that it's the little things that add up.

**\$219.99**



\*All credit cards are processed through the internet using Verisign and are completely protected by the latest Verisign data encryption technology.





PICTURED » USA men's 400 medley relay: (from left) Matt Grevers, Michael Phelps, Nathan Adrian and Brendan Hansen.

[PHOTO BY MICHAEL MADRID, USA TODAY SPORTS VIA US PRESSWIRE]

